



The Mid-Atlantic championships will be held this year at Rosaryville State Park in Maryland, on November 15. The Mid-Atlantics is an annual inter-club competition among Orienteering USA affiliated clubs QOC, DVOA, SVO and WPOC, and includes regular classic courses and a relay event.

All courses require pre-registration online, as we are not allowed to collect money in the park.

For classic courses, you may start anytime between 10am and 1pm. If you're running on a relay team, plan to be back in time for the relay, and even if not, you must be back no later than 3pm. We anticipate starting the relay race at 2:30pm.

The coveted Broken Compass Award will be awarded to the OUSA-affiliated club with the highest number of points.

Other clubs' scores will be tallied and bragging rights awarded, but the Broken Compass Award is designated for a Mid-Atlantic OUSA-charter club.

Each club's score will be composed of 3 parts: attendance, individual courses, and relay.

For attendance: $(200 \times \text{\#club members present and participating}) / \text{total club membership}$ (with fractions included so ties are almost impossible).

For the Individual Courses: 10 points for the winner down to 1 point for 10th place – a maximum total of 385 points (7 courses).

For the relay: 50 points for the winner 45 for second, and so on down to 5 points for 10th place – a maximum total of 275 points.

And now for the technical clarifications:

Attendance: Any Mid-Atlantic club member who starts any course (individual or relay) counts as a participant.

Individual Courses: Only people running the appropriate course color for their competitive class according to OUSA rules ([here](#)) or running up to a harder course, AND running on behalf of a Mid-Atlantic club, count for scoring purposes on each course. All others are invisible to the scoring system and can neither score points themselves nor prevent others from scoring points by finishing ahead of them. Also, if someone runs more than one course only the first course counts.



There is no separate scoring for men and women on the individual courses. To keep the burden of computing the scores manageable, each competitor must make sure the results list them as competing for the correct club and in the correct competitive class.

Relay Event: The relay event will have start and finish separate from the Individual courses and will consist of three legs. Each relay team will likewise have three members, each of whom will run one leg. Teams may decide among themselves which member will run which leg. The three legs will be of varying difficulties: beginner-intermediate (Yellow-Orange), intermediate-advanced (Orange-Brown), and advanced.

For purposes of classification, each team member will be assigned a number of points (which may be zero) as follows (note that “age” refers to the person’s age as of December 31, 2015):

- Ages 17-20 or 35-49 receives 1 point
- Ages 15, 16 or 50-59 receives 2 points
- Under 15 years of age or 60 and older receives 3 points
- A female orienteer receives 2 points, in addition to any age points.

These points are added to provide the handicap for each team.

There are three classes of relay teams: 3-point, 6-point, and 9-point, according to the total points of the three team members. All teams must have at least 3 points. A team with 3-5 points counts as a 3-point team; 6-8 points counts as a 6-point team, and 9 or more points counts as a 9-point team.

There will be a “chasing” start.

The clock for all teams will start and the 9-point teams will start running. the 6-point teams will start seven minutes later, and the 3-point teams will start another seven minutes later.

There will be mass starts for any 2nd and 3rd leg orienteers who haven’t already started thirty minutes after the lead runner on their leg has started.

Each successful runner’s full time plus starting handicap will be counted in the results, with shortest total team time winning and score tallied as described above.