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Date	Event
Dec. 6 Sun.	Great Falls, Maryland
Nov. 22 Sun.	Stuart's Hill at Manassas, Virginia
Nov. 15 Sun.	2009 Mid-Atlantic Championships @ Oregon Ridge
Nov. 1 Sun.	Pohick Bay, Virginia
Oct. 18 Sun.	Prince William National Forest at Turkey Run Ridge
Oct. 11 Sun.	Orange Grove, Patapsco, MD
Sep. 27 Sun.	Patuxent River Park, Maryland
Jun. 7 Sun.	2009 QOC Annual Meeting
May. 17 Sun.	Balls Bluff in Leesburg, Virginia
May. 3 Sun.	Lake Accotink - Springfield, VA
Apr. 26 Sun.	Fountainhead Regional Park, Virginia
Apr. 5 Sun.	Prince William National Forest - Pine Grove
Mar. 29 Sun.	Ran-it Granite & US Intercollegiate Championships - Day 2
Mar. 28 Sat.	Ran-it Granite & US Intercollegiate Championships - Day 1
Mar. 27 Fri.	Ran-it Granite Sprints
Mar. 15 Sun.	Wheaton Regional Park, Maryland
Feb. 15 Sun.	Patuxent River Park, MD
Feb. 1 Sun.	Lake Fairfax Winter Meeting
Jan. 25 Sun.	Greenbelt National Park, Maryland

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