

Pohick Bay

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**April 26
Sunday**



Pre-registration is required and will open Monday, April 20 at 6pm. It will close on Saturday, April 25 at 12 noon. There will be no day-of registration.

Orienteering at Pohick Bay

Located on the Northern part of Mason Neck, Pohick Bay Regional Park has quite a mix of relatively flat areas interspersed with steeply-sloped re-entrants. This year, we return to the main part of park; registration will be at Shelter 2, next to the main parking lot. And in terms of courses, former Orienteering USA Team Member Will Hubsch has designed a seven classic courses (white through blue; course stats and comments are below).

There is a park entrance fee of \$5/pp for non-residents of Arlington, Fairfax, and Loudon Counties or the cities of Alexandria, Fairfax, and Falls Church. If you are a 'non-resident' of those jurisdictions, be sure to mention that you are participating in the Quantico Orienteering Club meet and you are entitled to the \$5 'shelter discount.' We will be occupying both Shelters 1 and 2.

What to Expect: Participants will navigate through diverse terrains, including wooded areas, open fields, and waterways, using a map and compass. This event is designed to test your navigation skills, endurance, and for groups, teamwork. Various courses will be available to accommodate all skill levels:

- Beginner Courses (white and yellow): Perfect for newcomers, offering a gentle introduction to orienteering with straightforward checkpoints and kid-friendly terrain. Beginner Instruction will be available.
- Intermediate Course (orange): A bit more challenging, great for those with some orienteering experience looking to improve their skills and navigate off-trail.
- Advanced Courses: For experienced orienteers seeking a rigorous and demanding course with complex navigation.



What to Bring: Participants should come prepared with the following items:

- Comfortable outdoor clothing and sturdy footwear
- Water bottle and snacks
- Compass and whistle if you have them. Loaners are available if needed.



[\[2\]](#) Able to help? Sign up for a volunteer slot via this form [\[2\]](#) or email the Event Director [\[3\]](#) directly for other options.

Post-Event Social: After your course, grab a bite to eat at the [Casa Tequila Bar and Grill \[4\]](#), located [here \[5\]](#), just four miles north of Pohick.



QOC Jerseys & Jackets

Last chance this year for ordering QOC gear! Come check out the custom QOC jerseys and confirm your preferred size and style! We'll have them on display at this event from ~10:30am - 12pm. Orders must be placed by April 30; details are [here \[6\]](#).

Location

Pohick Bay Regional Park, Shelter 2, Lorton, VA (Classic)

Start Times

Start times will be by windows (to be defined for this event before registration opens).

Schedule

Sunday, April 26 10:00 am - 3:00 pm Classic:

Volunteers

Event Director: [John Organek \[3\]](#)
Course Designer: [Will Hubsch \[9\]](#)

Location Details