

Seneca Creek

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**February 1
Sunday**



Winter Strikes Again! Sorry folks but the icy conditions just aren't suitable for orienteering, especially for a prestige event like the Mid-Atlantics, so we have made the difficult decision to CANCEL this event.

Rescheduled post-Rosaryville, welcome to the **2025** Mid-Atlantic Championships at Seneca Creek State Park at Smokey Glen Farm! Smokey Glen Farm offers a **large, heated indoor facility with clean restrooms and ample parking**. There is a lovely open field to cheer for individual racers and teams handing off relay legs. Bring your own food (not to share or bring in the building please) but no cleated shoes in the main building please.

QOC's is hosting this annual competition among clubs of our region - CVOC, DVOA, QOC, and WPOC - as we vie for the coveted Broken Compass Award. There will be regular courses that open earlier than usual, at 9:30am. You may want to run early so you can participate also in the team relays, a special feature of the Mid-Atlantic Championships. The relays begin about 1:30pm. As always, everyone needs to be out of the woods and downloaded by 3:00pm.

Pre-registration is required (see below). Participants will have up to 3 hours to complete their classic courses, as long as they start before 12 noon (classic starts continue until 1, but courses will close at 3pm).

Anyone may participate in the classic and relay races, including people new to orienteering. You may compete for the titles of Mid-Atlantic Individual and Relay champion or just come out for a fun time in the woods; there are options here for everybody so don't be intimidated by some of the "competitive" aspects. Your participation helps your club score competition points. Clubs earn points based on attendance as well as performance in the classic race and the relay; you can only help, not hurt, your club by running in races and earning points for your attendance and finish. And just to be completely clear: feel free to do only a classic course, or only a relay, or do both - it's up to you.

Relay Team Organization: The relays are fun and a great chance to build camaraderie with your fellow club members. For QOC, Aaron Linville has graciously agreed to be the club Relay Organizer of these 3-leg relay teams. Contact Aaron if you want to form your own team, otherwise those who have



signed up for the relay will be assigned to a team. Find Aaron at the event for team assignments or last-minute adjustments. Teams get extra points for including a variety of ages and genders. Full scoring details are described [here](#) [2]; in terms of relay leg difficulty, Leg 1 (aka Sprint A) will be ~beginner/yellow, Leg 2/SprintB intermediate, and Leg 3/SprintC advanced.

Three special notes:

- First, on the relays, nobody needs to punch the start – it’s a mass start. At the handoffs, the start line is the same as the finish line for the previous leg.
- Second, you do have to punch the finish box at the end of your leg.
- Third, the relay maps will be handed out at the start – studying them in advance is not allowed.
- Lastly: the only teams that will count for Mid-Atlantic scoring will be those with three individuals from the same club.

Maps: Unlike at most local QOC events, maps will be distributed at the start control and you may not look at the map until after you punch the start. Participants on White and Yellow courses will be able view the map before starting.

Costs: Entry fees will be the usual QOC registration fees. Members of any OUSA recognized club receive the QOC club member price. The Relay is included with the standard course registration so it does not incur an additional cost; anyone who chooses to run only the relay will pay the (single) standard reg fee. Pre-registration with payment is required.

Beginners: Free Beginner Instruction will be offered, but please reach out to the [Event Director](#) [3] if you have a group, so we can plan accordingly. Also, make sure to check out our [Your First Event](#) [4] and [Orienteering Techniques For Beginners](#) [5] webpages. If they don’t answer any remaining questions you have, just ask them via our Contact Form.

Group Leaders: Please see our [For Group Leaders](#) [6] webpage if you are leading a youth or large group – even though you will be pre-registering online. Please contact the [Event Director](#) [3] with your plans and numbers for her awareness. Note that ,strong>all members of a group must register (adults and juniors), and that groups of over 4 must split into groups of 4 or less both to register and when orienteering.

Pets: Sorry but Smokey Glen Farm policies do not allow any pets, with the exception of service dogs.

Reminders:

- QOC will continue to use pre-registration as the **ONLY** method of signing up for our meets. There will be NO day-of, on-site registration. Refunds are paid only in the case of event cancellation. The relay race is included with normal event registration.
- **There is no water on the course.** Participants are responsible for their own hydration. A very limited supply of bottled water for emergency use will be on hand with the Meet Director; but it is vital to stay well hydrated. Please come prepared!
- There are no snacks offered by QOC; please bring your own food (but please don't bring it into the building).
- When registering, classic course participants will select from among the available 15 minute check-in windows (those registering later may find a more limited selection as some windows reach maximum capacity).

Location

Seneca Creek State Park, Smokey Glen Farm, Gaithersburg, MD (CANCELLED)

Registration Start Times

THIS EVENT HAS BEEN CANCELLED.
Start times will be by windows (to be defined for this event before registration opens).

Schedule

Sunday, February 11 10:00 CANCELLED:
am -
3:00
pm

Volunteers

Event [Justin Green](#) [7]



Director:
Event [Sharmagh Yepremian](#) [3]
Director:
Event [Mike Tyson](#) [8]
Director:
Course [Parker Nevenglosky](#) [9]
Designer:

Location Details