

Lake Needwood

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**May 4
Sunday**



Pre-registration is required and will open Monday, April 28 at 6pm and close on Saturday, May 3 at 12 noon.

QOC returns to Lake Needwood on May 4, and longer courses will also enjoy adjoining Redgate Park. Lake Needwood is a beautiful lakeside park, nestled within the 1,800 acre Rock Creek Regional Park, and is perfect for springtime picnics. On offer is a full slate of beginner through advanced courses. Check-in will be in Pavilion C near the playground and restroom building. This is in the center of the loop formed by Needwood Lake Circle and Beach Drive. Driving directions to the main parking area are in the location details below. If the weather is nice the parking lots may fill up. If that occurs there is additional parking along the road, but make sure you park in one of the marked spaces.

Check in opens about 9:45am and courses open at 10:00am. As always, please be off the course no later than 3pm and remember to download at our e-punch station even if you did not finish. We want to make sure of everyone's safety and status.

Please use caution if your course takes you across or along a road for a short bit. Also, all courses except white will cross a stream, so feet will get wet if there has been rain.

Free beginner instruction will be offered, as usual. If you have a large group seeking beginner instruction, please let the Event Director know. Also, make sure to check out our [Your First Event](#) [2] and [Orienteering Techniques For Beginners](#) [3] webpages. If they don't answer any remaining questions you have, just use our [Contact Form](#) [4] to ask.



[\[5\] Volunteer: Sign up for a volunteer slot via this form \[5\], or email the Event Director \[6\] directly for other options.](#)

Group Leaders: Please see our [For Group Leaders](#) [7] page if you are leading a youth or large group – even though you will be pre-registering online. Please contact the [Event Director](#) [6] with your plans and numbers for her awareness.

Post-event social: After your run, join fellow orienteers at [World of Beer](#) [8], located [here](#) [9] just 4.5 miles south of Lake Needwood.

Reminders:



- QOC will continue to use pre-registration as the ONLY method of signing up for our meets. There will be NO day-of, on-site registration. Refunds are paid only in the case of event cancellation.
- There is no water for drinking on the course. Participants are responsible for their own hydration, so please come prepared. A very limited supply of bottled water for emergency use will be on hand with the [Event Director](#) [6].
- Dogs are allowed, but must be on leash at all times.

Location

Lake Needwood, Circle Parking Area, Derwood, MD
(Classic)

Registration