

Fountainhead

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**February 8
Saturday**



Pre-registration is required and will open on Monday, Feb. 3 at 6pm and close at noon 6 PM on *Friday* Feb. 7. There will be no day-of registration.

TIME TO BUMBLE!

It's (lucky) year 13 of the annual Super Bowl Saturday Bumble and this year the excitement will be at Fountainhead Regional Park with courses for all skill levels. Come out and enjoy fun in the woods and fun snapping pics with the Abominable "Bumble" snow monster. The main event of the Bumble is the Mass Start race, which comprises five advanced courses equivalent to beige - blue. The controls are spread over five "windows" and each course level requires a different "handicap" of windows that must be run. For instance, Beige must do one window; blue must do five. Click [here](#) [2] to read the full description. It is a super fun style of orienteering with options for bonus time reductions! If you have never tried it but have been successfully completing orange level courses for a while, give this a try. Click [here](#) [3] to see last year's course map, and [here](#) [4] to view 2024 Bumble photos. There will also be great white, yellow, and orange courses winding through classic ridge and valley terrain.

The mass start will be at 12:00pm for those advanced course runners who want to participate. *If you want to run a Bumble advanced course, but are not comfortable with a mass start, please sign up for one of the other start time windows.* Mass starters, please be sure to arrive early to avoid a last-minute rush.

The Park very kindly agreed to close the park to mountain bikers during our event so that we can avoid collisions. Just beware of any rogue cyclists!

If the weather is nice, consider bringing lunch and lawn chairs so you can hang out and chat about your courses. It is especially fun to compare window routes. As usual, there will be prizes for the top Bumble winners!

Volunteer Sign Ups: If you can help at this event please contact the [Event Director](#) [5].

Post-Event Social: After your run, grab a bite to eat with fellow orienteers at [Chloez Cafe](#) [6], located [here](#) [7], 7 miles north of the park.



Our Super (Bowl) Poll Is Back!: Last year, the team that more registrants wanted to win - and thought would win - did win ... Will our streak continue? You'll have a chance to vote during registration (and to see the counts as they come in).

PLEASE read ALL meet notes below for important details:

- **CLICK [HERE](#) [2] TO READ HOW THE BUMBLE WORKS!**
- **Separate starts for Bumble courses and White/Yellow/Orange courses; both are very close to parking area.**
- **White, Yellow, and Orange courses will have regular check in/start windows from 9:45am to 1:15pm. (Yes, you are welcome to register for the 11:45am-12:15pm window).**
- **Advanced (Bumble) courses will have a MASS START at NOON. Please be ready for PRE-RACE briefing at 11:45am at the Start location.**
- **Clothing drop available for mass start; clothes will be returned for pick up in the Pavilion.**
- **Everyone must be out of the woods by 3:00pm, which is when we will begin picking up controls.**
- **The size of start teams (groups of individuals orienteering together with one e-punch) on a course must be no more than four (4) individuals (juniors and adults combined).**
- **Port-a-Johns will be on-site.**
- **Pet Policy: leashed pets are permitted in the park but are not recommended to accompany Bumpers doing the mass start.**
- **BYOW (water) & BWOFF (food); there will not be any on the course or at the event.**
- **Bumble prizes awarded (mass start only):**
 - **First male and first female competitors to cross the finish, regardless of course.**
 - **Fastest male competitor on Blue and fastest female competitor on Red.**

Free Beginner Instruction will be offered, but please reach out to the [Event Director](#) [5] if you have a large group (even if you don't want instruction), so we can plan accordingly. Also, make sure to check out our [Your First Event](#) [8] and [For Beginners](#) [9] webpages. If they don't answer any remaining questions you have, just use our [Contact Form](#) [10] and ask.

Location

Fountainhead Regional Park, Main parking area, Fairfax Station, VA (Bumble)

Registration