

Fountainhead West

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**November 3
Sunday**



Pre-registration for this event is required and will open on Monday, Oct. 28 at 6pm and close at noon on Saturday Nov. 2.

There will not be day-of registration.

Remember to change any manually set clocks back 1 hour!

Welcome back to the western portion of Fountainhead Regional Park which has some of the best orienteering terrain in the QOC footprint. The parking and check-in site for the Fountainhead meet is at the parking area near the Bull Run Marina on Old Yates Ford Road; a map link is [here](#) [2]. Course stats and course setter comments are now posted below.

Note Start and Finish Locations Vary:

- **Orange, Red and Blue course orienteers will be bused to the Start site on Wolf Run Shoals Road to make their way back to the Finish at the Bull Run Marina.**
- **Brown course orienteers will also need to take the shuttle to Wolf Run Shoals and then back to the Bull Run Marina. However, the actual Brown start and finish is approximately 800 meters from the drop off point at**



Wolf Run Shoals.

- **Green course orienteers will also take the bus to and from Wolf Run Shoals; the Green start and finish is right there.**
- **White and Yellow course orienteers will start and finish next to the parking lot.**

Runners must pay special attention to, and not enter, the restricted areas, particularly in the northwest portion of the competition area, where the area narrows significantly. Also, because this area is a popular hiking site, runners should be respectful of hikers in the area.

Porta potties will be available at the check-in site and at the Start site on Wolf Run Shoals.



[\[3\]](#) **Volunteer:** [Sign up for a volunteer slot via this form \[3\].](#)
[or email the Event Director \[4\] directly for other options.](#)

Post-Event Social: After your run, join fellow orienteers at the [Main Street Pub \[5\]](#), only 3.5 miles north of Fountainhead West. Bring your map and get a free non-alcoholic drink with purchase, courtesy of the awesome managers.

Location

**Fountainhead Regional Park, Bull Run
Marina, Clifton, VA (Classic)**

Registration