

# Lake Needwood

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**April 28**  
**Sunday**



**Pre-registration is required and will open Monday, April 22 at 6pm and close on Saturday, April 27 at 12 noon; there is no day-of registration.**

In addition to regular (classic) courses - beginner (white & yellow), intermediate (orange) and advanced (brown) courses, at this event QOC is also hosting the **2024 Susquehanna Stumble**, all thanks to course setter Sam Listwak. Don't let the strange "Stumble-talk" dissuade you from attending! Free beginner instruction is available and everyone is welcome, whether they do a regular course or a Stumble course.

*Update 22April: The forecast is for very warm temperatures on Sunday. Please be sure to bring plenty of liquid for your hydration.*

**Regular/classic courses:** full details are posted below for the white, yellow, orange and brown courses. There will be one registration link to use for all these (regular/classic) courses.

**Stumble courses:** The Susquehanna Stumble is a Billygoat-inspired event with a couple of twists. The competitors run between most controls in normal sequential order but occasionally enter a "window" where several controls can be visited in ANY order. There is a mass start at 11am for both Stumbles. Course setter Sam Listwak will explain the race rules in the start area at 10:50, and everyone will be on the clock at 11:00. Even if you arrive or start after 11, your clock starts at 11:00, so don't be late.

To clear space for the mass start, the starts for all other courses will be open from 10:00 to 10:45 and again from 11:15 to 1:30. ALL participants must return to the finish and download by 3:00.

The Long Stumble course is ~ 14.5km, with commemorative towels awarded to the first ~25 finishers. The Long Stumble course has more than 30 controls, so QOC will provide high-capacity SI e-punch



dibbers to Long Stumblers who need them.

The Short-Stumble will be ~ 7.2km with commemorative towels for the first ~30 finishers. A regular SI dibber will suffice.

Online pre-registration (i.e. in advance) is mandatory for all courses. For registration purposes, the Stumble is a solo event. You may run in groups of up to four people, but everyone must register individually as a solo runner.

**Registration for all courses closes on Saturday, April 27, at noon.** Regular pricing applies for the regular/classic courses; pricing for Stumblers is \$15 for juniors, \$20 for adult members of QOC (or other OUSA clubs), and \$30 for non-member adults.



**For The Kiddos!** Come and try the free "string-O". What's a string-O, you ask? As their first step towards becoming an orienteer, kids follow a course marked with string in a small area to find their favorite Disney characters (under parental supervision). Minimum effort for parents, maximum fun for kids!



[\[2\] Volunteers: Sign up for a volunteer slot via this form \[2\], or email the Event Director \[3\] directly for other options.](#)

[Note to JROTC groups: The simplified registration, allowing known JROTC groups to tally map counts but not name cadets in advance, will be supported as usual for white, yellow, orange, and brown courses. However, JROTC Stumblers must register as individual juniors.](#)

[Groups on non-Stumble courses: OOC allows groups of up to four people on our courses. Group leaders, please get in touch with the Event Director \[3\] so we can prepare in advance for your arrival.](#)

[BBQ: To celebrate the Stumble, and especially Stumblers traveling from other clubs, OOC is hosting a barbeque for all orienteers from noon to 3:00. We will provide the grill, meat and vegetarian options, fruit, condiments, and paper goods. Please bring a water bottle or any non-alcoholic drinks you'd like. We would be delighted for people to bring vegetables, salads, and sweets to share. Plan to bring a camp chair, and if the weather is wet, an umbrella as our pavilion is small.](#)

[Keep in mind:](#)

- [All participants must pre-register online by noon on April 27. There is no day-of registration.](#)
- [All Stumblers must register individually, even if planning to run as a group. For all other courses, start teams \(groups of individuals orienteering together with one e-punch\) must consist of no more than four \(4\) individuals \(juniors and adults combined\).](#)
- [Participants are responsible for meeting their hydration needs before and during their courses. Water is not provided on the course.](#)
- [You MUST be off the course no later than 3:00 and download at the e-punch station even if you did not finish.](#)
- [For those new to orienteering, make sure to check out our Your First Event \[4\] and Orienteering Techniques For Beginners \[5\] webpages, and if they don't answer any question you have, use our Contact Form \[6\] and ask.](#)
- [While dogs on leash are allowed in the park, it's best not to bring them on the Stumble.](#)



**Location**

[Lake Needwood, Circle Parking Area, Derwood, MD \(Stumble\)](#)

**Registration**

[Registration opens at 6pm Monday April 22 and closes at 12 noon on Saturday April 27. Pre-registration is required \(day-of registration will not be available\).](#)  
[To register for a classic \*\*White, Yellow, Orange or Brown\*\* course, click here --> WYOB REGISTRATION \[7\]](#)  
[To register for the \*\*Short or Long Stumble\*\* course, click here--> STUMBLE REGISTRATION \[8\]](#)

**Start Times**

**Who's Registered?** [WYOB registrants are listed here \[9\]](#), and [Stumble registrants are listed here \[10\]](#).  
[White, Yellow, Orange and Brown courses may start between 10:00-10:45 and also between 11:15am - 1:30pm. Both the Short and Long Stumble have a mass start at 11 am, preceded at 10:50 by announcements of rules.](#)

**Schedule**

**Sunday, April 28** 10:00 Stumble:  
am -  
3:00  
pm

**Volunteers**

Event [Jane Leggett \[3\]](#)  
Director:  
Course [Sam Listwak \[11\]](#)  
Designer:

**Location Details**

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