

2024 Gambrill SP Rogaine

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March 24
Sunday



Pre-registration was required and is now closed. There is no day-of registration.

Welcome to QOC's Rogaine, taking place in Maryland's **Gambrill State Park** and the **Frederick Municipal Forest!** This year we will have two options - a shorter 3-hour rogaine, with 22 checkpoints, and a longer 8-hour event with 38 checkpoints. E-punching will be used, and full-size flags (controls/checkpoints) will be used. All checkpoints are worth from 1 to 5 points depending on factors such as difficulty to find, or frankly, the whims of course designer Michael Dickey. There is no set course, so it is up to each competitor to determine the best route to get the maximum number of points within the allotted time. Scoring will be based on total points with time used as a tie-breaker. Competitors exceeding the time limit for their course will lose 1 point per minute or fraction of a minute over the time limit for their course. So don't be late!

While this is not an event suitable for beginning orienteers, all others should find this a challenging and fun event. The 3-hour event is designed to be easier and more friendly to those interested in trying out something new. If you are comfortable with Orange courses, and would enjoy a nice hike in some beautiful terrain, come try this! Want to learn more about rogaines in general? Click [here](#) [2]. Note that in contrast to orienteering (where you shouldn't look at your map before you start), in rogaines you are given time to study the map and plan a route before your time starts. For this event, maps will be distributed 30 minutes before event start times.

Post-Event Picnic! Plan to stay around after the event to compare route choices and enjoy complimentary hot dogs, hamburgers, veggie burgers, chips, and soft drinks. Other than alcohol (prohibited in Maryland state parks), feel free to bring anything else you'd like to drink or eat.

Registration Details:

- 3-hour: Registration is currently capped at 75 starts (individuals and teams); cost is \$12.49/pp for



members, and \$22.49 for non-members.

- 8-hour: Registration is currently capped at 50 starts (individuals and teams); cost is \$22.49/pp for members, and \$32.49 for non-members.
- Registration will open at 6pm on Monday Feb. 26 and will close when sold out or no later than Saturday March 23 at noon.
- Solo rogainers and teams of 2 to 4 (max) are welcome. Note that [IRE](#) [3] rules require those under 14 be on a team with at least one person over 18.
- Restrooms will be available near the registration pavilion.
- Dogs are allowed but must be on leash at all times. Both courses have some tough, rocky terrain, so this may not be the best event to bring a dog.
- Recommended Equipment: whistle, watch (make sure to keep track of your time!), compass and basic first aid kit. Phones are allowed but are not to be used for navigation. [Feel free to take photos to share later though!]
- Competitors should bring sufficient hydration (and food) for length of the event, or the means to filter purified water from streams. There is **no provided water** on the course.

Location

Gambrill SP, Shelter 3, Frederick, MD (Rogaine)

Registration

Registration is now closed. Pre-registration was mandatory.

Who's Registered? Check by clicking [here](#) [4].

Start Times

Start times will be by windows (to be defined for this event before registration opens).

Schedule

Sunday, March 24

7:00	Rogaine: Check-in begins for the 8-hour event. Park near pavilions 2 and 3 or near the park entrance just after the Visitors Center.
7:30 am	Rogaine: Distribution of 8 hour event course maps
8:00 am	Rogaine: Mass start of 8-hour event
8:30 am	Rogaine: Check-in begins for the 3-hour event
9:30 am	Rogaine: Distribution of 3-hour course maps
10:00 am	Rogaine: Mass start for the 3-hour event
1:00 pm	Rogaine: 3-hour course closes



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4:00 pm Rogaine:
8-hour course
closes

Volunteers

Event [John Landers](#) [5]
Director:
Course [Michael Dickey](#) [6]
Designer:

Location Details