

Fountainhead West

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**October 22
Sunday**



Pre-registration for this event is required and will open on Monday, Oct. 16 at 6pm and close at noon on Saturday Oct. 21.

There will not be day-of registration.

Welcome back to a peak Autumn event at Fountainhead West, one of QOC's favorite venues. Matt Smith has put together a full set of classic courses, and we're changing up the start/finish/bussing scheme from the last few years.

This year, check-in, e-punch, start and finish for the White and Yellow courses, and the finish for Orange and the advanced courses, will all be at the Bull Run Marina where everyone will be parking. Orange and advanced courses will take an approximately 15-minute shuttle bus ride to a drop-off point at the end of Wolf Run Shoals Rd (Kegley House). Please keep this in mind when pre-registering for your start window. Orange, Red, and Blue courses will run/walk (not bus) back to the finish at Bull Run Marina.

Advanced starts will be remote, at a location accessed from the bus drop-off point at the end of Wolf Run Shoals Rd to avoid some of the more familiar terrain near Kegley House. Brown and Green courses will finish near Kegley House and again take the shuttle to return to Bull Run Marina. Volunteers will be on hand at the shuttle boarding locations to help answer any questions.

SPECIAL NOTICE ABOUT \$5 SURCHARGE FOR SHUTTLE SERVICE

In order to access some of the best orienteering terrain in the park, as outlined above, we will be hiring buses and shuttling participants to the remote start area. To help cover the added cost of running the shuttle service, a \$5 surcharge will be added per person to the



regular meet fee for participants on Orange-Blue courses.



Volunteer SignUps: [If you'd like to help at this event, click here \[2\]](#) or [contact the Event Director \[3\]](#).



Your Map = A Free Drink! [After your run, join orienteers and volunteers at the Main Street Pub \[4\]](#) in Clifton VA, just a few miles north of the event ([map link \[5\]](#)). [Bring your map and mention QOC to get a free \(non-alcoholic\) drink with any purchase, courtesy of the manager, Monica!](#)

Other points:

- [There will be one port-a-john at the parking area and another at the bus drop-off point at the end of Wolf Run Shoals Rd \(Kegley House.\)](#)
- [While leashed dogs are permitted in the park, they will not be allowed on the shuttle buses.](#)
- [All participants must pre-register; there is no day-of registration.](#)
- [No food items will be provided.](#)
- [Participants are responsible for meeting all their own hydration needs before, during and after their courses.](#)
- [The size of start teams \(groups of individuals orienteering together with one e-punch\) on a course must be no more than four \(4\) individuals \(juniors and adults combined\).](#)
- [As always, please be off the course no later than 3pm and remember to download at our e-punch station even if you did not finish.](#)
- [Beginner's instruction will be available.](#)
- [For those new to orienteering, make sure to check out our \[Your First Event \\[6\\]\]\(#\) and \[Orienteering Techniques For Beginners \\[7\\]\]\(#\) webpages, and if they don't answer any question you have, just use our \[Contact \\[8\\]\]\(#\) and ask.](#)
- [Group Leaders \(of larger groups\): please contact the Event Director \[3\] so they are aware of your plans.](#)
- [Masks continue to be optional on our shuttle busses.](#)

Location

[Fountainhead Regional Park, Bull Run Marina, Clifton, VA \(Classic\)](#)

Registration

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