

Occoquan

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**October 1
Sunday**



This Sunday event requires pre-registration, opening Monday, Sept. 25 at 6pm and closing Saturday Sept. 30 at noon. There will be no day-of registration.

Welcome back to Occoquan Regional Park for this Sunday, Oct. 1 event, as we enter the most enjoyable part of the year for orienteering. Just to be clear up front, don't confuse this Sunday event with our [Jump to Orange](#) [2] training event taking place the day before (Saturday Sept 30). Of course, all those who did Jump to Orange are invited to attend this event to put their new skills to use!

This park affords a combination of fast, open woods along with recreational fields (and some thick vegetation if you wander off course). Course designer, Victor Lin has designed a full set of classic courses (white through blue; details below).

Event check-in is at Shelter 4 with parking in the adjacent lot; a locator map is [here](#) [3].

UPDATE: The Prince William Cruisers car show will now be taking place on the large field north of Shelter 4 on the same day as our event due to the impact of Tropical Storm

Ophelia. Some minor adjustments to some of the courses have been made, but there is no major impact. There will be additional parking on the sports fields adjacent to (east and south of) the Shelter 4 parking lot if needed.

If you can help at this event please email the event directors via [this link](#) [4]. Control pickup is the primary need, but all volunteers are welcome.

Keep in mind:

- **All participants must pre-register; there is no day-of registration**
- **No food items will be provided.**
- **Participants are responsible for meeting all their own hydration needs before, during and after their courses.**
- **Nearby Eats & Sweets! The nearby [Brickmaker's Cafe](#) [5] is located in Occoquan Park and is open from 11 am to 8 pm, so orienteers have the opportunity to enjoy food and drinks either indoors or on their outdoor terrace overlooking the Occoquan River (mention 'QOC' to get a 10% discount!)**
- **As always, please be off the course no later than 3pm and remember to download at our e-punch station even if you did not finish.**
- **Beginner's instruction will be available.**
- **For those new to orienteering, make sure to check out our [Your First Event](#) [6] and [Orienteering Techniques For Beginners](#) [7] webpages, and if they don't answer any question you have, just use our [Contact](#) [8] Form and ask.**
- **Group Leaders (of larger groups): please contact the [Event Directors](#) [4] so they are aware of your plans.**
- **Rest rooms are located near Shelter 4.**
- **Dogs are allowed in the park but must be on the leash at all times.**

Historical footnote: In the middle of Occoquan Regional Park is a beehive brick kiln you will pass on your left as you drive into the park. It was used by prisoners at the start of the 20th century to make red bricks. The bricks produced were used to build the nearby maximum security Occoquan Workhouse itself, and many public buildings in Washington, D.C. between 1910 and 1998. The then-adjacent Lorton Work House Prison served as home to many prisoners over the years, including approximately 168 women who were detained in 1917, the result of the pickets of the women's suffrage movement in the Washington



D.C. area.



Location

Occoquan Regional Park, Shelter 4 Parking Area, Lorton, VA (Classic)

Registration

Registration for this event opens at 6pm on Monday Sept. 25 via [this link](#) [9]. Registration will close at 12 noon on Saturday Sept. 30 (the day before the event). Pre-registration is mandatory.

Who's registered? Check by clicking [here](#) [10].
Sorting by column is possible too - click on the column name.

Start Times

Start times will be by windows (to be defined for this event before registration opens).

Schedule

**Sunday, October 11:00 Classic:
am -
3:00
pm**

Volunteers

Event [DennisAndHelen Doherty](#)
Director: [4]
Course [Victor Lin](#) [11]
Designer:

**Classic
Occoquan Regional
Park
Shelter 4 Parking Area
Lorton, VA
[Google Map](#) [12]**