

Hemlock Overlook

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**February 26
Sunday**



Pre-registration is required for this event and will open at 6pm on Monday February 20 and close at noon the day before the event, Saturday Feb. 25.

For our Hemlock event this season, parking and check-in will again be at **Kincheloe Rd Soccer Park** adjacent to the southern end of Hemlock Overlook Regional Park, as the former Adventure Links area at the north end of the park continues to be unavailable for parking and administrative set-up. Click [here](#) [2] for a printable graphic overview of the soccer park and road access to it. While the parking lot is easily accessible and expansive, it is also in need of regrading, and driving through it is a little bumpy. Use minimal speed inside the gate.

For this event, Keg Good and Lydia Andrews have prepared a full set of classic courses White through Blue. **Keg will offer a non-walking Yellow to Orange presentation at 1:30pm – bring a camping chair.** You may encounter orange (bow) hunting signs or hear gunshots. Not to worry, there is no hunting on Sundays and the shooting range is across Bull Run. Running/walking across the soccer fields is allowed as there will not be any soccer games on Sunday.

As usual, everyone must be out of the woods and back at the registration/finish area by 3:00pm when we will begin picking up the controls. See the course notes below about the remote start/finish and allow yourself time to get back to the registration area and download regardless of whether you finished.



[Volunteer SignUps: If you'd like to help out at this event click here \[3\]. You can also contact the Event Director \[4\].](#)

[Any large groups planning to attend the event or anyone with questions please contact the Event Director \[4\].](#)



Your Map = A Free Drink! After your run, join other orienteers and volunteers at the Main Street Pub [5] in Clifton VA, just a few miles north of the event ([map link \[6\]](#)). Event volunteers are likely to show up after 3 pm, but feel free to show up earlier. Bring your map to get a free (non-alcoholic) drink with any purchase, courtesy of Sean, the Main Street Pub manager. Keep in mind:

- [OOC will continue to use pre-registration as the ONLY method of signing up for our meets. There will be NO day-of, on-site registration. Refunds are paid only in the case of event cancellation.](#)
- [Masks are optional at all locations connected with the event. Please continue to minimize clustering at and around the check-in, e-punch, start and finish areas.](#)
- [As mentioned above, beginner instruction has resumed to provide an overview of orienteering basics for newcomers to the sport or those who just want a refresher.](#)
- [There is no water on the course. Participants are responsible for their own hydration. A very limited supply of bottled water for emergency use will be on hand with the Meet Director; but it is vital to stay well hydrated. Please come prepared!](#)
- [There will be no snacks offered by OOC.](#)
- [For this event \(as with most others this season\) there will be eight 15-minute check-in windows followed by two 45-minute windows.](#)
- [There are no pavilions or park shelters at this check-in/parking site.](#)
- [Bring appropriate clothing for winter conditions.](#)
- [The size of start teams \(groups of individuals orienteering together with one e-punch\) on a course must be no more than four \(4\) individuals \(juniors and adults combined\).](#)
- [Port-a-johns will be on site.](#)
- [Pets are permitted in the park but must be leashed at all times.](#)

Location

[Hemlock Overlook Regional Park, Kincheloe Soccer Parking, Clifton, VA \(Classic\)](#)

Registration

[Registration for this event opens at 6pm on Monday Feb. 20 via this link \[7\]. Registration will close at noon on Saturday Feb. 25 \(the day before the event\). Pre-registration is mandatory.](#)
[Who's registered? Check by clicking here \[8\].](#)
[Sorting by column is possible too - just click on the column name.](#)

Start Times

[Start times will be by windows \(to be defined for this event before registration opens\).](#)

Schedule

[Sunday, February 26](#) 10:00 Classic:
am -



[3:00
pm](#)

[Volunteers](#)

[Event](#) [Beatri Bennett \[4\]](#)
[Director:](#)
[Course](#) [Lydia Andrews \[9\]](#)
[Designer:](#)
[Course](#) [Keg Good \[10\]](#)
[Designer:](#)

[Location Details](#)

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