



Fountainhead West

[ShareThis](#) [1]

**October 23
Sunday**



Pre-registration for this event is required and will open on Monday, Oct. 17 at 6pm and close at noon on Saturday Oct. 22.

There will not be day-of registration.

This orienteering meet is being held at Fountainhead West. Participants will be treated to beautiful rolling hills and the start of fall foliage colors.

Rob Field has put together a full set of classic courses to challenge you on this great terrain. As in the recent past, the start and finish will be at the Kegley House at the end of Wolf Run Shoals Road, but the parking for the Fountainhead West meet is in the parking area across from the entrance to Bull Run Marina on Old Yates Ford Road; a map link is [here](#) [2] and also below (in the Location Details section). We will shuttle participants both ways between the parking lot and the start/finish/e-punch/download location at the Kegley House, an approximately 10 minute bus ride. Please keep this in mind when pre-registering for your start window. Also, if starting later in the day, please be sure to be back to the finish prior to 3pm to take the shuttle back to the parking area. Note that masks are optional on the shuttle bus as everywhere else at this event.

For those who may be new to orienteering or who want a refresher on the basics of the sport, QOC is happy to resume beginner training this season. We will have knowledgeable orienteers on site to provide instruction to those who would like to learn a little about our sport.

SPECIAL NOTICE ABOUT \$5 SURCHARGE FOR SHUTTLE SERVICE

In order to access some of the best orienteering terrain in the park, as outlined above, we



will be hiring buses and shuttling participants to the remote start area. To help cover the added cost of running the shuttle service, a \$5 surcharge will be added per person to the regular meet fee for participants on all courses.

COVID Residual Measures:

- QOC will continue to use pre-registration as the **ONLY** method of signing up for our meets. There will be **NO** day-of, on-site registration. We've decided to do this, not because of the residual COVID threat but because it simplifies administration of our events and reduces the number of volunteers required for each meet. As always, refunds are paid only in the case of event cancellation or if a participant contracts COVID.
- Masks are optional at all locations connected with the event. Please continue to minimize clustering at and around the check-in, e-punch, start and finish areas.
- As mentioned above, this season beginner instruction is available to provide an overview of the orienteering basics for newcomers to the sport or those who just want a refresher.
- We will continue our policy of not providing WATER or food to participants at our events aside from an emergency water for first aid purposes only. So don't forget your canteens/Camelbacks/other hydration arrangements. As with last year there will be eight 15 minute check-in windows followed by two 45 minute windows.

Other points:

- There will be one port-a-john at the parking area and another at the check-in/start/finish at Kegley House.
- While leashed dogs are permitted in the park, they will not be allowed on the shuttle buses.
- The size of start teams (groups of individuals orienteering together with one e-punch) on a course must be no more than four (4) individuals (juniors and adults combined).
- Any youth or large groups attending, although you will be pre-registering online, please contact one of the Event Directors (below) to let them know of your plans and numbers for their awareness.

Location	Fountainhead Regional Park, Bull Run Marina, Clifton, VA (Classic)
Registration	Registration for this event will open at 6pm on Monday Oct. 17 via this link [3]. Registration will close at noon on Saturday Oct. 22. Pre-registration is mandatory. Who's registered? Check by clicking here [4]. Sorting by column is possible too - just click on the column name.
Start Times	Start times will be by windows (to be defined for this event before registration opens).
Schedule	Sunday, October 23 10:00 Classic: am - 3:00 pm
Volunteers	Event DennisAndHelen Doherty Director: [5] Course Rob Field [6] Designer:
Classic Fountainhead Regional	



Park

Bull Run Marina

Clifton, VA

[Google Map](#) [2]