

Lake Needwood

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**May 22
Sunday**



Permit approved -

and course details are now available as well.

Welcome back to Lake Needwood! This will be our tenth event at this beautiful lakeside park, nestled within the 1,800 acre Rock Creek Regional Park. On offer is a full slate of beginner through advanced courses (white through blue), and detailed course setter comments are now below.

Weather Alert: With a forecast for summertime temperatures (90 degrees!) on Sunday, **please remember to bring your own water with you and keep yourself well hydrated on the course.** Per our covid posture, there will not be water stations on the course. A limited amount of water will be available at the shelter for emergencies should the need arise.

ARDF Radio Orienteering Course:

Update: Due to forecast afternoon thunderstorms, we will only offer the 10 AM option for FoxO. Please contact [Mike Kholodov](#) [2] for more information. We will also be offering a ten-control Fox-O radio-direction-finding (ARDF) orienteering course designed by Mike Kholodov, a perfect complement to your classic course for those who would like to try a new orienteering experience. Click [here](#) [3] for more details.

We hope you can come out for one of the last events of the season. Check-in will be in Pavilion C near the playground and restroom building. This is in the center of the loop formed by Needlewood Lake Circle and Beach Drive. Driving directions to the main parking area are in the location details below. If the weather is nice the parking lots may fill up. If that occurs there is additional parking along the road, just make sure you park in one of the marked spaces.

COVID Risk Reduction Protocols:

As with all 2021-2022 QOC events, this event requires pre-registration via the link below. QOC's COVID risk reduction protocols, as also enumerated somewhat [here](#) [4], are in effect. Please read these guidelines carefully. Key points:

- **PROPERLY WORN MASKS AND SOCIAL DISTANCING ARE REQUIRED** at all times when near registration, e-punch and any other areas or queues where volunteers and/or participants are congregating.



- No water will be provided. Provide for your own hydration needs before, during, and after the event.
- There is no planned, on-site beginner instruction, but beginners are encouraged to watch relevant videos such as [this one \[5\]](#) created by QOC's instructional guru David Onkst.
- There will be eight 15 minute check-in windows followed by two 45min windows (as for most QOC events this season).

Other points:

- Any large groups planning to attend the event or anyone with questions please contact the [Event Director \[6\]](#).
- The size of start teams (groups of individuals orienteering together with one e-punch) on a course must be no more than four (4) individuals (juniors and adults combined).
- Pets are permitted in the park but must be leashed at all times.
- **You're Invited!** QOC veteran Sidney Sachs will host a Zoom meeting on Tuesday, May 24 at 8pm to review selected course legs and analyze the routes various orienteers took. Please contact [Sid Sachs \[7\]](#) for the invite link.

Location

Lake Needwood, Circle Parking Area, Derwood, MD
(Classic)

Registration