# **Upper Marlboro**

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## May 15 Sunday



The permit for this

#### event has been approved.

Pre-registration is required and will open on Monday, May 9 at 6pm and will close at Noon Saturday May 14. There will be no day-of registration.

Quantico Orienteering Club is pleased to announce our return to the Upper Marlboro Natural Area. With about 900 acres along the western shore of the Patuxent River, it provides a mix of mid-Atlantic spur and reentrant terrain with Patuxent River lowlands.

Course Setter Matt Smith has prepared a set of classic courses, and details are now below along with updated comments.

#### **COVID Risk Reduction Protocols:**

As with all 2021-2022 QOC events, this event requires pre-registration via the link below. QOC's COVID risk reduction protocols, as also enumerated somewhat <a href="here">here</a> [2], are in effect. Please read these guidelines carefully. Key points:

- PROPERLY WORN MASKS AND SOCIAL DISTANCING ARE REQUIRED at all times when near registration, epunch and any other areas or queues where volunteers and/or participants are congregating.
- No water will be provided. Provide for your own hydration needs before, during, and after the event.
- There is no planned, on-site beginner instruction, but beginners are encouraged to watch relevant videos such as <a href="this one">this one</a> [3] created by QOC's instructional guru David Onkst.
- There will be eight 15 minute check-in windows followed by two 45min windows (as for most QOC events this season).

### Other points:

• Any large groups planning to attend the event or anyone with questions please contact the <u>Event Director</u> [4].

- The size of start teams (groups of individuals orienteering together with one e-punch) on a course must be no more than four (4) individuals (juniors and adults combined).
- Port-a-johns will be located at the parking area.
- Pets are permitted in the park but must be leashed at all times.
- You're Invited! QOC veteran Sidney Sachs will host a Zoom meeting on Tuesday, May 17 at 8pm to review selected course legs and analyze the routes various orienteers took. Please contact <u>Sid Sachs</u> [5] for the invite link.

Location

Swanson Road Natural Area, North end, Upper Marlboro, MD (Classic)

Registration