

# Occoquan

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**May 8  
Sunday**



Welcome back to Occoquan Regional Park for the last Virginia meet of the 2021-22 QOC season. The park affords a combination of fast, open woods and recreational fields bounded by a hard-surface multi-use trail. Course designer Victor Lin has designed a full set of classic courses (white through blue; details below). This event requires on-line pre-registration which will open at 6pm on Monday, 2 May. Event check-in is at Shelter 4, which has a large lot adjacent to it and another gravel-surface lot 300 meters back down the entrance road, so there should be plenty of parking space; a locator map is [here](#)

[2]. Restrooms are 100 meters from Shelter 4.

**COVID Risk Reduction Protocols:**



As with all 2021-2022 QOC events, this event requires pre-registration via the link below. QOC's COVID risk reduction protocols, as also enumerated somewhat [here](#) [3], are in effect. Please read these guidelines carefully. Key points:

- **PROPERLY WORN MASKS AND SOCIAL DISTANCING ARE REQUIRED** at all times when near registration, e-punch and any other areas or queues where volunteers and/or participants are congregating.
- No water will be provided. Provide for your own hydration needs before, during, and after the event.
- There is no planned, on-site beginner instruction, but beginners are encouraged to watch relevant videos such as [this one](#) [4] created by QOC's instructional guru David Onkst.
- There will be eight 15 minute check-in windows followed by two 45min windows (as for most QOC events this season).

Other points:

- Any large groups planning to attend the event or anyone with questions please contact the [Event Director](#) [5].
- The size of start teams (groups of individuals orienteering together with one e-punch) on a course must be no more than four (4) individuals (juniors and adults combined).
- Pets are permitted in the park but must be leashed at all times.
- **You're Invited!** QOC veteran Sidney Sachs will host a Zoom meeting on Tuesday, May 10 at 8pm to review selected course legs and analyze the routes various orienteers took. Please contact [Sid Sachs](#) [6] for the invite link.
- **Nearby Eats & Sweets!** The [Brickmaker's Cafe](#) [7] is located in the event center at Occoquan Park and serves food on Sundays 11am to 8pm, so orienteers have the opportunity to enjoy food and drinks either indoors or on their outdoor terrace overlooking the Occoquan River.

**Location**

Occoquan Regional Park, Shelter 4 Parking Area,  
Lorton, VA (Classic)

**Registration**