

# Fountainhead West

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**April 10  
Sunday**

***Updated Course Comments are available below.***



For this event we will be returning to the popular Fountainhead West (FWW) area, with the start and finish at the Kegley House. Aaron Linville has designed a full set of courses using this fantastic terrain (course stats and comments are below). The parking for the Fountainhead West meet is at the parking area near the Bull Run Marina on Old Yates Ford Road; a map link is [here](#) [2] and also below (in the Location Details section). We will shuttle participants both ways between the registration site and the start/finish/e-punch/download location, situated at the Kegley House (pictured), which sits at the end of Wolf Run Shoals Road - about a 10 minute bus ride away. Please keep this in mind when registering for your start window. Also, if starting later in the day, please be sure to be back to the finish prior to 3pm to take the shuttle back to the parking area. We successfully used buses at another event this season and the staggered start windows relieved pressure faced in prior years.

### **SPECIAL NOTICE ABOUT \$5 SURCHARGE FOR SHUTTLE SERVICE**

In order to access some of the best orienteering terrain in the park, as outlined above, we will be hiring buses and shuttling participants to the remote start area. To help cover the added cost of running the shuttle service, **a \$5 extra surcharge will be added per person to the regular meet fee for participants on all courses.**

Other points:



- Porta-johns will be located at the Kegley House.
- While leashed dogs are permitted in the park, they will not be allowed on the shuttle buses.
- The size of start teams (groups of individuals orienteering together with one e-punch) on a course must be no more than four (4) individuals (juniors and adults combined). Unregistered "tag-alongs" are not allowed (other than babies or toddlers). Any youth or large groups attending, although you will be pre-registering online, please contact one of the Event Directors (below) to let them know of your plans and numbers for their awareness.
- There is no planned, on-site beginner instruction, but beginners are encouraged to watch relevant videos such as [this one](#) [3] created by QOC's instructional guru David Onkst.

### COVID Risk Reduction Protocols:

As with all 2021-2022 QOC events, this event requires pre-registration via the link below. QOC's COVID risk reduction protocols, as also enumerated somewhat [here](#) [4], are in effect. Please read these guidelines carefully. Key points:

- **PROPERLY WORN MASKS AND SOCIAL DISTANCING ARE REQUIRED** at all times when near registration, e-punch and any other areas or queues where volunteers and/or participants are congregating.
- No water will be provided. Provide for your own hydration needs before, during, and after the event.

### Location

Fountainhead Regional Park, Bull Run Marina,  
Clifton, VA (Classic)

### Registration