

Pohick Bay

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**February 9
Sunday**



2020 marks our return to the

Camp Wilson area of Pohick Bay Regional Park (PBRP) for the first time since 2017. Daniel Heimgartner is designing a full set of courses, white through blue.

Event timing is our usual: register between 10:45 - 1:15, start any time between 11 - 1:30, be back before 3pm. Registration will be at the Camp Wilson wash house easily visible next to the camp road as you enter Camp Wilson.

Once again, the **Green, Red, and Blue courses** will entail a road crossing from PBRP across Gunston Road and onto a section of Meadowood Special Recreation Management Area (SRMA.) For an overview of the areas being used for this event, see [this map](#) [2].

The entrance to Camp Wilson is SEPARATE AND DISTINCT from the park main entrance that many of you are used to using (see photo to the right). It is located just before the Gunston Fire Station. It's easy to miss, so slow down after you pass the entrance to the Pohick Golf Course and be on the look-out for the event signs.

PBRP has made another enlargement of the parking area at Camp Wilson since we last used it in 2017, so we should be able to fit most participant's cars in parking slots. But we will still have overflow parking in the camping areas off the access road as needed. Buses will park in the far rear of the Camp Wilson area next to the disused Scout Hall.

No parking is permitted along the sides of the Camp Wilson entrance road, except in designated slots, in order to avoid any impediment to emergency-vehicle access. As you enter Camp Wilson, look for a parking volunteer in a **reflective vest** who will direct you to the appropriate parking areas and spaces.

Important notes:



For the courses crossing Gunston Road, there will be controls on both sides of the designated crossing point (see course notes). This point, just adjacent to the Camp Wilson entrance and clearly marked on the pavement, is **the only permissible crossing point to and from Meadowood**. The visibility from the crossing point in both directions along Gunston Road is excellent, but the speed limit is 50 MPH and cars often exceed that speed, so make sure to stop and observe carefully before crossing. A road guard, wearing a reflective vest, will be in place at the Gunston Road crossing point to watch for approaching vehicles and warn them, as necessary, that there is foot traffic at the crossing point. Do not cross any part of the Pohick Bay Golf Course, which is located north of Camp Wilson.

You may encounter horses and riders on Meadowood East, which is a local center of equestrian activity and features trails specially designed to withstand the effects of horse traffic. When moving near a horse and rider, please slow down until you pass them and yield the right of way, if you encounter one while running on a trail.

April through October: kayaks and canoes may be rented for an hour or all day to explore Belmont Bay and Kane's Creek. It's a great way to see eagles; details are on the park website.

Alaskan tundra swans over-wintering nearby may still be seen (WashPost article about them is [here](#) [3]). {thanks to Sid Sachs for this suggestion}

Location

Pohick Bay Regional Park, Camp Wilson, Lorton, VA
(Classic)

Registration

No advance registration required. Just show up and have fun!

Start Times

Start any time between the specified times (usually 11am - 1:30pm).

Schedule

Sunday, February 9 11:00 Classic:
am -
3:00
pm

Volunteers

Event [Jana Seidlova](#) [4]
Director:
Course [Paul Morris](#) [5]
Setter:
Course [Keg Good](#) [6]
Setter:
Course [Daniel Heimgartner](#) [7]



Pohick Bay

Published on Quantico Orienteering Club (<https://www.qocweb.org>)

Location Details

Designer:

Classic From I-95 exit 163 (Lorton
Pohick Bay Rd, VA-642), head east,
Regional then turn right/south on Rt
Park 1 (Richmond Hwy). Turn
Camp Wilson left on Rt 600/242
Lorton, VA (Gunston Rd), and then
[Google Map](#) drive 1.5 miles until and
[8] turn left on a dirt road
marked by a Camp Wilson
sign, immediately before
the Gunston Fire Station. If
you see the main entrance
to Pohick Bay Park you've
gone too far.

Course Details

Classic	Course Name	Length (km)	Climb (m)	No. Controls
	White	3.1	95	10
	Yellow	4.2	110	11
	Orange	4.5	115	9
	Brown	4.9	165	9
	Green	6.7	180	15
	Red	9.7	245	20
	Blue	12.4	275	26

Course Notes