



Occoquan

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September 21
Saturday



QOC is returning to Occoquan Regional Park for the 2019-2020 season! **This event is indeed scheduled for Saturday; our apologies for a mistaken email that implied otherwise.**

Occoquan affords a combination of fast, open woods along with recreational fields (and some thick vegetation if you wander off course); course stats and course setter comments are now posted below. Event timing is our standard: register any time between 10:45 - 1:15, start any time between 11 - 1:30, and make sure to be back and to have downloaded by 3pm.

Event registration for this season will be at Shelter 3 (not shelter 4 as in the last several seasons); a [Locator Map](#) [2] is available to help guide you. Restrooms are located between the two parking lots across the road from registration in Shelter 3.

Beginner Instruction: There will be beginner's instruction, as always, as well. If you are interested and don't see who is giving it, ask at the registration table. A QOC member will show you how to read a map, teach you how to use a compass with your map and give you hints on how to navigate your choice of course. Besides that, just wear a smile and the clothes you would for a hike or run in a local park. Bring a compass, if you have one, or borrow one at the event.

Please note that there has been a good deal of additional construction and upgrading at Occoquan.



Those who have not been to the park recently will see a large new event center building as they break out of the wooded entry drive and into the open park area. The entry road has been slightly re-routed to make room for the event center and another new parking area built for it. In addition the paved walking trail has been extended and upgraded as well. The new [Brickmaker's Cafe](#) [3] is located in the event center and is open Saturdays 11 AM to 8 PM, affording all the opportunity to enjoy casual fare with great views of the nearby Occoquan River.

Additional information:

- Dogs are welcome, but please keep them on a leash at all times.
- Full restroom facilities will be available a short walk away from our registration area.
- There are no entrance or parking fees at this venue.
- GPS watches will be available for loan from Jon Torrance for those who wish to track their routes.

Location	Occoquan Regional Park, Shelter 3, Lorton, VA (Classic)
Registration	No advance registration required. Just show up and have fun!
Start Times	Start any time between the specified times (usually 11am - 1:30pm).
Schedule	Saturday, September 21 11:00 Classic: am - 3:00 pm
Volunteers	Event Rick Oliver [4] Director: Course Sidney Sachs [5] Designer:

Classic

Occoquan Regional Park
Shelter 3
Lorton, VA
[Google Map](#) [6]