Little Bennett Night-O

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January 7 Saturday



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Update as of 2pm Saturday: All Systems Are
Go For Tonight! Roads to and in the park have little to no snow, and there's only a dusting
on the ground, so register now and plan to come out and have a good run tonight.
NOTE: Pre-Registration is requested for this event.

Join us for the first night orienteering event of 2017! At this Little Bennett Park event (near Clarksburg, MD), pre-registered participants may sign-in any time between 5:30pm - 7:30pm. Start your course any time between 6:00 - 8:00pm, and be absolutely sure to be back before 10pm.

Any youth or large groups attending, please contact the <u>Event Director</u> [2] so that we can coordinate pre-registration for your group; the group registration and waiver <u>form</u> [3] is part of the information on our <u>Group Leaders</u> [4] page.

Additional notes:

- Pre-registration is via this link [5], and it will remain open up until 8 PM on the night of the event. However, if you register after 4 PM on Saturday, January 7, you must bring a copy of the registration confirmation with you paper or digital copy.
- For this night event, please do not take dogs with you while you are out on your course.

- Map scale and course setter comments will be posted when available.
- Please avoid running near any of the houses near or off the map edges.
- Want to learn more about headlamps? Check out this thread [6] on AP, or ask QOC members Ted Good or Greg Lennon, who have the Petzl Tikka RXP (available at REI and elsewhere) and Cree 1800lm (eBay!) headlamps, respectively. Although not orienteering specific, general reviews sites include this one [7] and this one [8].

Registration

Start Times

Schedule

Volunteers

Course Details

Course Notes

NOTE: Pre-Registration is required for this event.. Register using this link [5].

You may start your course at any time during the start window mentioned above for this event.

Saturday, January 75:30 Night-O:

pm -11:00 pm

Event <u>Dagmar (Dasa) Merkova</u>

Director: [9]

Event <u>Iva Zicha</u> [10]

Director:

Course [11]

Designer:

Night-OCourse Name	Length (km)	Climb (m)	No. Controls
Beginner	2.4	40	11
Intermedi ate	3.9	110	12
Medium Advanced	5.2	190	13
Long Advanced	7.5	270	19

Night-O

The night beginner course is the same as Sunday's white course, so those doing the night/beginner course are encouraged to try the Yellow course on Sunday (instead of the white).

The courses for this year's Night-O and Day-O meets will be located in the portion of the park around the soon to be non-existent Nature Center. None of the courses will cross Little Bennett Creek or Rt. 121. So if you find yourself crossing a large stream or crossing a highway other than the park entrance road, take a good look at your map because you are in the process of getting lost. I have attempted to keep participants in the more open portions of the park, however, with the exception of the White/Beginner course, one will encounter some brief areas of increased vegetation. Route choice options will allow navigation through some of the nastier vegetation that Little Bennett has to offer, especially on some of the longer legs on the advanced courses. Even in the more open areas of the park, there may be some annoying ankle to knee high briar-like vegetation, so gaiters are recommended. For the

night event, reflectors will be present on all control bags. Please be advised that in the past, the park has placed small dot reflectors on trees leading to assigned hunting locations in the park. Ignore these, the bag reflectors used in the Night-O are larger rectangular reflectors placed on the control bag itself.

Only the Beginner Night-O and White courses are essentially identical. It is recommended that if one runs the Beginner course in the Night-O, one should then try the Yellow course in the Day-O (it's not that much more difficult). The Night-O Intermediate, Short and Long Advanced courses, while sharing some control locations, are different from their corresponding Day-O counterparts. Due to the relatively non-technical nature of the Park terrain, the Day-O event would be a good chance for those of you who usually run an Orange course to try a more advanced course. Control bags for the White, Yellow and Orange courses will be hung so that they are clearly visible from the logical approach of the participant. In most cases one will see the bag before they see the actual control itself. However, for the advanced courses, the control bags that are not shared by the Orange or intermediate courses will be hung in less obvious locations from the logical approach of the participant (read, behind stuff). In this case, one will have to first locate the control feature, then the control bag. Locations of the bag relative to the feature will not be on the clue sheet. The White-Beginner and Yellow courses are based on the Park's trails. Please be aware that these trails can be muddy/icy in sections as well as rocky and eroded in sections (especially going downhill). Watch your footing.

The topography of Little Bennett Park is of a relatively non-technical nature, broad ridges with few land features and even fewer small rock features. Therefore, in order to make things a bit more interesting and to increase the number of potential control sites, a number of prominent root-stocks have been mapped and are used extensively as control features for this meet. All these root-stocks are at least 1 meter in height or width and still have dirt around their roots (hence the brown X symbol instead of the green X symbol). These have become de-facto temporary boulders. They are prominent enough that one can recognize them at running speed and are thus useful as control locations. A final bit of advice, since control bags are hung on similar features relatively close to each other, please pay close attention to the codes on those bags.

A note on vegetation mapping. The light green

vegetation tends to be closely spaced saplings with good visibility, no trouble to navigate, but it might slow you down a bit. The medium green has reduced visibility and much more closely spaced vegetation of various kinds. The dark green is usually briars and should be avoided at all costs (even at this time of the year). Areas indicated by green parallel lines are areas of fallen trees, usually with good visibility, but will require a bit more effort to navigate.

Entry Fees

Individual Entries

Note: juniors = under 21

	Club	Club	Non-Mem	Non-Mem
	Member, adult	Member, junior	ber, adult	ber, junior
		•	±10	4 F
Epunch Owner	\$5	\$5	\$10	\$5
Epunch Borrower	\$10	\$5	\$15	\$10

Team or Group Entries

Participants are welcome to compete together as a single team entry. Teams containing one or more nonmembers are charged the nonmember individual rate. Teams containing one or more adults are charged the adult individual rate. For teams to receive member or junior rates, all members of the team must be members or juniors, respectively. Each extra team map beyond the first is an additional \$2. Individuals or teams desiring to compete on a second course can do so for a reduced fee of \$2/map.

Important Notes

- NOTE: Pre-Registration is required for this event - there will be no walk-up registration at the event. You may use a credit card or PayPal account to pay online.
- If you have access to a smartphone, you may become a member at the event by joining online via this webpage [12] (which also explains the member benefits). Membership is completely optional. If you wish to join or renew, we strongly recommend joining (or renewing) online before the event rather than at it to save time and because it's easier.
- Most of our events use an 'epunch' timing chip for electronic timing. Individuals or groups without their own epunch pay a higher entry fee (see above), which includes the loan of an epunch for that event. Loaned epunches that are lost incur a \$40 replacement fee.
 Epunches (also known as SI-cards or finger sticks) are usually available for sale at each

- event as described here [13].
- Former QOC members who have let their membership lapse pay non-member fees.
- Compasses are available at no charge, but if lost incur a \$15 replacement fee.
- Please provide collateral (driver's license or car keys) when borrowing a compass or epunch.
- For additional safety, whistles are available for sale at \$1/each.
- Free beginner instruction is always available just ask at the registration table.

Source URL: https://www.gocweb.org/events/2017/1/7/little-bennett-nighto

Links:

- [1] https://www.gocweb.org/events/2017/1/7/little-bennett-nighto
- [2] http://qocweb.org/contact/Merkova/Dagmar
- [3] http://qocweb.org/sites/default/files/maps/waiver.htm
- [4] http://qocweb.org/content/group-leaders
- [5] https://www.orienteeringusa.org/eventregister/c21/register/?event id=286
- [6] http://ar.attackpoint.org/discussionthread.jsp/message 765558
- [7] http://www.outdoorgearlab.com/Headlamp-Reviews
- [8] http://thewirecutter.com/reviews/best-headlamp/
- [9] https://www.qocweb.org/contact/Merkova/Dagmar (Dasa)
- [10] https://www.qocweb.org/contact/Zicha/Iva
- [11] https://www.qocweb.org/contact
- [12] http://qocweb.org/content/membership-types
- [13] http://qocweb.org/epunch