

Gunston Hall

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April 17
Sunday



Inaugural Event Welcome to

QOC's first-ever event at Gunston Hall, the home of the father of our Bill of Rights, George Mason. QOC member Tom Strat has mapped the property for the first time over the past year and also designed a full slate of courses for this event. The terrain includes forest of varying density, open fields, historic structures, and bluffs along the Potomac shore east of Lorton, VA. Event timing is standard: register any time between 10:45 - 1:15, start any time between 11 - 1:30, and be back before 3pm.

The entrance to Gunston Hall (see directions below; overview map [here](#) [2]) is about 600 meters beyond the Pohick Bay Regional Park entrance on Gunston Road. Please drive with particular caution as you enter Gunston Hall. The first 300 meters of the entrance road is curvy and hemmed in by vegetation reducing the visibility of oncoming vehicles. Parking will be in the lot adjacent to the visitors center. The parking lot and the registration site right across the entrance road from it will be easily discernible as you drive in. Rest rooms will be available inside the visitors center and also in a separate outbuilding adjacent to the mansion itself.

Guided Tour Included: At registration QOC will collect a \$5 surcharge in addition to the regular meet fees. This surcharge covers Gunston Hall grounds fees for each participant, and it entitles participants to take one of the guided tours of the Hall offered during the day at no additional cost. Tours will be available on the hour and half hour starting at 10am, with the last tour at 4:30pm; just present your course map (before or after your run) at the front desk inside the visitors center to sign up (max tour group size ~20). To learn more about Gunston Hall, the home of the principal designer of the Bill of Rights, George Mason, visit the [Gunston Hall website](#) [3].

Any youth or large groups attending, please contact the [Event Director](#) [4] so that we can coordinate pre-registration for your group; the group registration and waiver [form](#) [5] is part of the information on our [Group Leaders](#) [6] page.

Additional notes:



- Dogs are allowed, but must be on a leash at all times.
- Spikes are not allowed in the Visitor Center.
- Please respect the out-of-bounds areas shown on your course map.



Special Post-Race Meetup Discount Good at Two Adjacent Eateries! **zPizza** and **Quiznos** are hosting our Gunston Hall event post-race meetup. At either location just show them your map and get 15% off your order. **zPizza** honors your appetite with food from their delicious artisan [menu](#) [7] made from better-for-you ingredients satisfying healthy appetites & healthy lifestyles. **Quiznos** is the place to go for offering flavorful chef-inspired menu items, including sub sandwiches, grilled flatbreads, soups, salads and wraps. As you leave Mason Neck State Park, both are located less than a mile from the intersection of Route 1 and Gunston Road in the Lorton Station Marketplace. **zPizza** is at 9451 Lorton Market Street, and **Quiznos** is at 9433 Lorton Market Street, on Google maps ([here](#) [8]) just east of the I-95/Lorton exit 163.

Location	Gunston Hall, Main parking area, Lorton, VA (Classic)
Registration	No advance registration required. Just show up and have fun!
Start Times	Register any time between 10:45 - 1:15, start any time between 11 - 1:30, and be back before 3pm.
Schedule	Sunday, April 17 11:00 Classic: am - 3:00 pm
Volunteers	Event Charles Carrick [9] Director: Course Tom Strat [10] Designer:
Location Details	Classic From southbound I-95, Gunston Hall take exit 163 (Lorton). Go Main left onto Lorton Rd at the parking area end of exit ramp. Go Lorton, VA under the 2nd overpass Google Map [11] and turn right onto Lorton Market St (Z-pizza is in the shopping center on the left), then go about



1.5 miles to the traffic light at Route 1. Go straight through light (the road name changes to Gunston Rd) and go about 4 miles to the entrance to Gunston Hall on left (identified with orienteering sign; overview map [here](#) [2].)

Course Details

ClassicCourse Name	Length (km)	Climb (m)	No. Controls
White	1.6	5	10
Yellow	2.5	45	13
Orange	3.7	85	17
Brown	3.7	85	11
Green	5.3	130	14
Red	7.1	175	20
Blue	8.1	200	25

Course Notes