

# Wheaton

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**July 11  
Saturday**



Quantico Orienteering Club invites all newcomers to join us for an "INTRODUCTION TO ORIENTEERING" as we gear up for our 2015/16 season in September. This year we are hosting two purely beginner-oriented events: this one and another in Virginia on Saturday, August 8th at Mason Neck State Park, Lorton, VA.

These will be FREE beginner-only orienteering events for all ages - from children to adults. For anyone who has ever wanted to try orienteering, or just wondered what it is, here's the chance to come out and give it a go. Those of you who are already seasoned orienteers, please feel free to invite your co-workers and friends out to experience that activity you're always telling them you do.

Participants will learn the basics of orienteering from experienced instructors and then apply their newly acquired skills on a beginner level orienteering course (either a White or Yellow Course) that same day. **Registration opens at 9:00 AM and instruction will be offered approximately every 20 minutes beginning at 9:20 AM and running through 11:00 AM.** Participants can either orienteer solo, or in small groups of their own choosing. All participants will have until 12:30 PM to complete their courses.

The only equipment you'll need to bring is your brain, some active clothing/sportswear, a comfortable pair of athletic shoes, and a watch. Compasses will be available, but please bring your own if you have one. Participants may also want to bring along extra water or beverages, though there will be plenty of water on the course and at the start/finish/instructional area.



Pre-registration is now closed for this (Wheaton) event. However, space is available, so please feel free to attend the event and register on-site.

**Location**

Wheaton Regional Park, Shorefield Area, Shelter H,  
Wheaton, MD (Introduction to Orienteering)

**Registration**

Pre-registration is now closed for this (Wheaton) event. However, space is available, so please feel free to attend the event and register on-site.

**Schedule**

**Saturday, July 11** 9:20 am - Introduction to  
12:30 pm Orienteering for  
beginners -  
courses open

**Volunteers**

Event [Heidi Onkst](#) [2]  
Director:  
Course [David Onkst](#) [3]  
Designer:

**Location Details**