Pohick Bay

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May 10 Sunday



Welcome to Pohick Bay

Regional Park for a Mothers Day orienteering event! This year, we'll be in a new location for registration and start/finish (see the locator map below.) We will operate out of the Eagle's Nest Veranda (pictured below), down the hill from our usual area and located right on the Pohick Bay shoreline. It is important to note that, because of an acute shortage of parking spaces on what park authorities anticipate to be a **VERY** busy day at Pohick, we will use the **same parking lot** as in previous years. Please park in the lot identified by signage and then walk down along the footpath next to the access road to the shoreline and the Eagle's Nest for registration. The trail head is clearly identified at the Northeastern corner of the parking lot. Traffic may be heavy so please use the trail and not the road. The Eagle's Nest Veranda is equipped with its own rest rooms.

A full set of courses from beginner (white) to advanced (blue) will be available thanks to course setter Tom Strat. The start and finish will be somewhat remote from the registration site in order to avoid running through potentially high traffic and picnic areas.

Other event details you should know about:



- When you arrive at the gate, tell the attendant that you are there for orienteering and you will not have to pay the entry fee.
- NEW! Bring food or drinks to picnic on the veranda after your run! We will have use of a refrigerator, and tables and chairs for you to relax in and enjoy the view from this shady veranda.
- The park's refurbished boat ramp will be available for those who want to bring their boats, and kayaks may be rented as well; full rental details <u>here</u> [2].
- There is also a children's play area just 50 meters from our registration pavilion.

Nearby Attraction: Want to combine some history with your orienteering? Nearby Gunston Hall was the home of George Mason, "the father of the Bill of Rights" and has an impressive mansion and over 500 acres of grounds and hiking trails. (You can also get a preview of the site for next year's Pohick Bay orienteering event which is planned to start on a newly mapped section of Gunston Hall.) This year, on our event day (May 10) Gunston Hall will be hosting special Mothers Day activities from 9:30am to 4:30pm. Tours will highlight the roles of women at leisure in the Mansion and at labor in the hearth kitchen. Mothers and grandmothers receive free admission. The entry road for Gunston Hall is just 500 meters beyond the Pohick Bay Park entrance, off of Gunston Road. Head to their website [3] for hours and admission prices.





[4]

Location

Registration

Start Times

Schedule

Volunteers

Pohick Bay Regional Park, Eagle's Nest (Classic)

No advance registration required. Just show up and have fun!

Start anytime between 11 - 1:30, and be back to download no later than 3pm.

Sunday, May 1011:00 Classic:

> am -3:00 pm

Charles Carrick [5] **Event**

Director:

Course Designer:

Tom Strat [6]

Location Details