

## Great Falls MD

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**November 2**  
**Sunday**



**Registration is now open closed.** When you are ready to enter your information and pay, click [here](#) [2]. For a list of who's already registered, click [here](#) [3].

We anticipate this event will sell out as it has for the last several years. Youth groups interested in attending should contact the Event Directors (listed below) as soon as possible to indicate interest in attending. Registered orienteers will be able to start on their course anytime between 11 - 1:30, and must be back no later than 3pm.

Course Information: Course stats are now posted below. Note that there are officially 3 approved courses (beginner, intermediate, and advanced). These courses are carefully designed to avoid areas that the National Park Service has designated as sensitive.

In order to provide safety options for advanced orienteers that are likely to be unable to complete the full advanced course of 9.4km, we have designated a specific bypass between certain controls on this (long) advanced course that also avoids sensitive areas; this version of the advanced course is designated "medium advanced" below and "Advanced-medium" in the registration software. This also means that orienteers on either advanced course have a certain number of controls in common at the beginning of their courses.

Have any questions? Just use our [Contact Us](#) [4] form and ask away!



## Just tell them, "I ran the race in Great Falls park!"

### Back by Popular

**Demand PLUS Nearby Sale: Post-Race Potomac Pizza Palooza!** After your race, take advantage of a 1/2 price pizza deal at a nearby restaurant, [Potomac Pizza](#) [5]. Normally \$17 for a large cheese and tomato pizza, just wave your QOC map at Guillermo the friendly manager and you'll get this 8 slice pizza for just \$9, and additional toppings are only \$1 each. There's seating for everyone at this friendly local place with a full [menu](#) [6], free soda refills, and it's no problem to go "as you are" post-race. There's plenty of room to go over your map and routes and meet up with your fellow orienteers. The address is 9812 Falls Rd in Potomac; to get there, just take a left at the stop sign as you exit the park, and in less than 2 miles take a left just before River Road into the Potomac Promenade parking area. Directions are also shown in the [Event Locator Map](#) [7].

**New This Year - Dividend Program:** Potomac Paddlesports is located 2 doors away from Potomac Pizza, and they have a deal as well for QOC club members - get a 10% dividend on all purchases made in a calendar year. And this Sunday the store will be having a 50% off sale on all Patagonia summer gear, 30% off boats **AND** a clearance sale on select [Hoka One One](#) [8] running shoe models. Before or after your pizza, check out this fine store!



### Location

C&O NHP (Great Falls MD), Great Falls Tavern, Potomac, MD (Classic)

### Registration

Advance registration is required. Click [here](#) [2] to register and pay. To see who's already registered, click [here](#) [3].

### Start Times

You may start your course at any time during the start window for this event. **NOTE!:** First Day of Daylight Savings Time! Be sure to set your clocks back one hour Saturday night.

### Schedule

**Sunday, November 21: 11:00 Classic: Start**



am - window (start  
1:30 any time  
pm between 11 -  
1:30)  
3:00 Classic:  
pm Courses close  
- all  
orienteers  
must be back  
out of the  
woods

## Volunteers

Event [Kathleen Lennon](#) [9]

Director:

Event [Greg Lennon](#) [10]

Director:

Course \_ [11]

Designer:

## Location Details

**Classic,** From I-495, Maryland:  
**Classic** Take exit 41  
C&O NHP (Carderock/Great Falls,  
(Great Falls MD), follow Clara Barton  
MD) Parkway to the end. At  
Great Falls the stop sign, turn left  
Tavern onto MacArthur Blvd.  
Potomac, Follow MacArthur ~3.5  
MD miles to the park  
[Google Map](#) entrance booth.  
[12] MacArthur Blvd. ends at  
the park.  
From I-495, Virginia:  
Cross into Maryland over  
the American Legion  
Bridge (beltway inner  
loop) and take exit 41  
(Clara Barton Parkway)  
Westbound, staying left  
at the fork. Follow Clara  
Barton to the end. At the  
stop sign, turn left onto  
MacArthur Blvd. Follow  
MacArthur Blvd ~3.5  
miles to the park  
entrance booth.  
MacArthur Blvd. ends at  
the park.  
After paying the park  
entrance fee, park in the  
large lot to the right  
(north) of the  
roundabout, then walk  
south back past the  
roundabout and beyond  
the Tavern to find our  
registration area.  
Printable detailed maps



showing the  
parking/registration area  
and the route to the Pizza  
Palooza are [available  
here](#) [13].

**Course Details**

<b>ClassicCourse Name</b>	<b>Length (km)</b>	<b>Climb (m)</b>	<b>No. Controls</b>
Medium Advanced	6.3	230	14
Long Advanced	9.4	350	22
Beginner	2.9	75	11
Intermediate	4.6	160	14

**Course Notes**