



# US Individual Orienteering Championships, Rochester, NY

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**October 3 - October 5**  
**Friday - Sunday**

Rochester Orienteering Club will host the US Individual Championships the first weekend of October this fall. Check out the [event web site](#) [2] for details.

**Schedule**

<b>Friday, October 3</b>	1:00 pm - 2:00 pm	US Sprint/Middle/Long Championships: Sprint, Middle and Long Distance Races
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**Source URL:**

<https://www.qocweb.org/events/2014/10/3/us-individual-orienteering-championships-rochester-ny>

**Links:**

[1] <https://www.qocweb.org/events/2014/10/3/us-individual-orienteering-championships-rochester-ny>

[2] <http://roc.us.orienteering.org/2014nationals/>