

Mason Neck

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May 19 Sunday

We return for the penultimate meet of the 2012-2013 QOC season to Mason Neck State Park, known for it's water views and fast, flat terrain (and 5 foot contours). Bring a bike or canoe (see below) and enjoy the park after your run, or cool off in the renovated Nature Center. Event registration will be from 10:45am - 1:15pm, you can start your course anytime between 11am - 1:30pm, and courses close at 3pm. Course details are now posted below.

Ample parking and flush toilets are available at the assembly area. A state park entrance fee of \$4 per vehicle will be collected upon entrance to the park. We will also hope to have the use of a large (pavilion style) tent, so feel free to bring food or beverages.



Any youth or large

groups attending, please contact the <u>Event Director</u> [2] so that we can coordinate pre-registration for your group; the group registration and waiver <u>form</u> [3] is part of the information on our <u>Group Leaders</u> [4] page.

<u>Mason Neck State Park</u> [5] is also a great place for exploration on the water or by bike (a very smooth and family-friendly bike path runs through much of the park). Of note:

- Bring your own canoe or kayak, or rent one. Rental rates are \$10/hr for a kayak, \$15/hr for a tandem kayak, and \$12/hr for a canoe (all + tax).
- A 2.5 hour guided kayak tour is conducted on Sunday mornings at 9am. Cost is \$15 per person; reserve a spot by calling the park office at (703) 339-2385.
- Bring your own bikes, or rent one. Rental rate is \$5/hr.
- There's a fine playground quite near our registration area.
- Dogs are welcome in the park, but must be on a leash of length 6 feet or less at all times and "with a human on the other end", as a park ranger said.





zpizza

Post-Race MeetUp Special! ZPIZZA is once again offering all orienteers a **free slice of pizza** with any beverage purchase. Last chance this season! Known for their <u>menu</u> [6] featuring healthy sandwiches, salads and gluten-free pizza. Located (<u>here</u> [7]) just east of the I-95/Lorton exit 163. There's also a Quizno's and a Starbucks next door if that's more your style.



Location	Mason Neck SP, Mason Neck SP, Lorton, VA (Classic Orienteering)
Registration	No advance registration required. Just show up and have fun!
Start Times	You may start your course at any time during the start window listed below for your event.
Schedule	Sunday, May 1910:45 Classic am - Orienteering: 1:15 pm Registration window 11:00 Classic



am - Orienteering: 1:30 pm Start window 3:00 pm Classic Orienteering: Courses close Event Regan Skjaevestad [8] Director: Course Bjorn Skjaevestad [9] Designer:

Volunteers

Location Details