



Lake Needwood

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September 18
Sunday

It's National Orienteering Day!

And, it's QOC's first event of the season.

Discover the exciting sport of orienteering on National Orienteering Day (NOD) - and for those O'veterans, come enjoy a new mapped park! You don't need to sign up in advance; just show up and have a blast hiking and navigating in Lake Needwood Park. Take home a souvenir topographic map, a complimentary copy of Orienteering North America magazine (while supplies last), and get a chance to take home prizes. Prize drawings will be held at 1:15pm, and will be held for pickup by their respective winners until just after course closing time (like 3:15pm), and any prizes not picked up by then will be re-awarded to others who are present at that time.

Kathleen and Greg Lennon are the event directors, and along with David Onkst and Nadim Ahmed, they have planned an exciting afternoon filled with fun and games. Course setter David has a variety of courses for all to enjoy: first timers, beginners, seasoned adventure racer and the advanced orienteer will find a new level of fun, excitement, and challenges at Lake Needwood. Nadim - who's made this **new map** - also has a new game for all ages called the Super String-O - see the YouTube video below for an example, photographed at a meet in NY this summer. So, when you show up you can expect the regular white through blue courses (beginner - advanced) and this new exciting type of course that will have everyone involved - trust us, it's a blast!

Course details and course notes are now available (see (way) below). Map scale will be 1:7500 for beginner (white and yellow) and intermediate (orange) courses, and 1:10,000 for all advanced course (brown, green, red, blue). Epunching will be in use for all courses (white through blue). Blue runners should note that they will need a SI-6 finger stick since other sticks lack the capacity to hold 33 controls; pick up an SI-6 at the epunch table if you don't have one. ***Click [here](#) [2] for a PDF document containing more event details, including full course and map notes.***

As with all QOC events, we will have free newcomer instruction at this event. A QOC member will show you how to read a map, teach you how to use a compass with your map and give you hints on how to navigate your choice of course. Besides that, just wear a smile and the clothes you would for a hike or run in a local park. Bring a compass, if you have one, or borrow one at the event. And dogs (on leash) are welcome at Lake Needwood too.

Whether your goal is to discover a new sport or to seek a course record, to learn a new way to practice outdoor map-reading and compass skills, or simply to take a purposeful walk in the woods with a friend, orienteering is a great choice. Come by yourself or bring your friends and family. Anyway you try it, you'll find "O" is the way to go.

Come Join in the Fun with QOC!

Location

Lake Needwood, Circle Parking Area, Derwood, MD
(Classic Orienteering)

Registration

No advance registration required. Just show up and have fun!

Start Times

You may start your course at any time during the start window listed below for your event.



Schedule

Sunday, September 18 11:00 Classic
am - Orienteering
1:00 : Start
pm Window
3:00 Classic
pm Orienteering
: Courses
Close - All
runners to
be out of the
woods.

Volunteers

Classic [Kathleen Lennon](#) [3]
Orienteering
: Event
Director:
Classic [David Onkst](#) [4]
Orienteering
: Course
Setter:

Location Details