Occoquan

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March 17 Saturday



A Saturday event, held on a new map! Join us at 11:00am for a special ribbon cutting ceremony to open the new venue. In addition to regular beginner (white and yellow) courses, course setter Sid Sachs has planned a special type of Score-O orienteering event to help celebrate his birthday. Registration will be from 10:45am - 1:15pm, you can start anytime between 11 - 1:30 (but no peeking at the Score-O map in advance!), and you must be back within your time limit and no later than 2:45pm.

Here's how scoring for the "special score-O" will work. You want to get the maximum number of points during your time limit of up to 75 minutes. You can find the controls in any order, however, the point value of each control will vary. You get 2 points for getting to a higher number control from a lower number; you get 1 point for getting to a lower number control from a higher one. For example, if you get to control #107, it is worth 1 point if you just came from any control who's code was higher than 107, and it's worth 2 points if you just came from any control who's code is lower than 107. The overall length you'd have to run to get the theoretically maximum number of points possible from finding all 16 controls will be equal to a blue course length (8.0km, 325m climb), while the lowest point score still resulting from finding all the controls will be around the length of an average orange or brown course (4.3km, 160m climb). The first control you find from the Start is worth 2 points, and each minute or part of a minute you are overtime will cost you a penalty of one point. Got it? If you will be bringing a large group (youth or otherwise), please contact Event Director John Baker [2] so that we can coordinate pre-registration for your group; the group registration and waiver form [3] is

part of the information on our **Group Leaders** [4] page.

Additional information:

- Registration is at the pavilion shown in the photo.
- If you're doing the Score-O, bring a watch to keep track of the 75 minute time limit. You might also want to come up with a way to keep track during your run of which controls you've already
- Dogs are welcome, but please keep them on a leash at all times.
- Full restroom facilities will be available.

- There are no entrance or parking fees at this venue.
- GPS watches will be available for loan from Jon Torrance for those who wish to track their routes.
- Have any questions? Just use our handy Contact Us [5] form.

Nearby Attraction: The Lorton Workhouse Art Center presents a Saturday matinee play for children, 'Sinbad: The Untold Story' at 10am and 1pm. Plays are ~1 hour long and great for young kids. Full details here [1].

Another attraction is the nearby Lorton <u>Art Center</u> [6], perhaps best visited after the orienteering event. Turn right onto Route 123 when exiting the park, and then take the next right turn. When leaving the Art Center go out the side entrance and then turn right onto Lorton Road. Follow Lorton Road back to I-95 exit 163.

Location

Occoquan Regional Park, Shelter 4 Parking Area, Lorton, VA (Classic Orienteering: White, Yellow &

Score-O)

Registration

Start Times

No advance registration required. Just show up to

register between 10:45am - 1:15pm.

You may start your course at any time between

11am - 1:30pm.

Schedule

Saturday, March 1711:00 Classic

am - Orienteering: 2:45 White, Yellow pm & Score-O:

Volunteers

Event <u>John Baker</u> [7]

Director:

Course Sidney Sachs [8]

Setter:

Location Details