

PWF South Fork

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January 29
Sunday

Come see some of the best orienteering terrain in Prince William Forest (National) Park! While winter conditions may prevail for better or worse, course setter Martin Fahrenfield has designed a full set of seven courses well matched to the venue. Dress warmly enough, and be aware that the only pavilion we are allowed to use in this area is an open one.



Any youth or large groups attending, please contact the [Event Director](#) [2] so that we can coordinate pre-registration for your group; the group registration and waiver [form](#) [3] is part of the information on our [Group Leaders](#) [4] page.

E-punching will be in use, and (provisional) course details are now posted. The woods are quite open, and depending on weather (and snow/ice conditions) this may be a reasonable place for those contemplating moving up a level in course difficulty. Ask at registration for latest course conditions if you'd like advice on this.

We will be posting more event and course information the week of the event, so check back then, and if you have questions in the meantime, feel free to either contact Event Director [Vic Culp](#) [2] or use our [Contact Us](#) [5] form.

Additional information:



- There is a \$5 per vehicle entrance fee to this park.
- Pets entering the park must be on a leash of six feet or less at all times.
- GPS watches will be available to borrow for the event from Jon Torrance.
- Ted Good will conduct another Advanced Training session at 10:30am. Topic will be common time wasters and how to avoid them.
- Ted's Recommended Training Activity at this Venue: This is the best meet to prepare for the U.S. Champs in North Carolina. With that in mind treat this event like it was an A meet. Practice the pre-race preparation covered at the last training session, pick one of the common time wasters at this training and reduce time lost, and focus on proper route choice selection.

Nearby Attraction: The [National Museum of the Marine Corps](#) [6] is open from 9am - 5pm everyday, and admission is free to this impressive \$60 million structure.

Location Prince William Forest Park, Pine Grove, Triangle, VA (Classic Orienteering)

Registration No advance registration required. Just show up and have fun!

Start Times You may start your course at any time during the start window listed below for your event.

Schedule

Sunday, January 29

10:45	Classic
am -	Orienteering:
1:15	Registration
pm	open
11:00	Classic
am -	Orienteering:
1:30	Start window:
pm	Start anytime
	during this
	time range
3:00	Classic
pm	Orienteering:
	Courses Close:
	All runners
	must check
	back in at the
	Finish by this
	time

Volunteers Event [Vic Culp](#) [7]

Director:

Course [Martin Farenfield](#) [8]

Setter:

Location Details