



Pocahontas MTB-O

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July 16 Saturday

A mountain bike orienteering event, courtesy of the indefatigable Tim Gilbert, will be held on Saturday, July 16th in Pocahontas State Park, Richmond, VA. The start window will run from 1pm to 3pm. The event will be a three hour score-O with 34 controls hung from 50 to 200 meters into the woods from bike trails (participants will have to get off their bikes to head into the woods for each control, then return to them to resume riding). The course setter estimates that cleaning the course would involve ~19km of riding and might be possible within three hours for a fairly fast cyclist with good navigation skills. All participants are advised to carry water/fluids due to the heat. Bike helmets will be required. Tick/Bug spray is advised. Cost is \$5 per map. To get to the start/finish/registration area, go to main park entrance at Beach Road (VA655) and follow the Orienteering Signs. The park charges a \$5 per vehicle parking fee. If you have questions-call Tim Gilbert at 804-304-8841 or email tim-gilbert@hotmail.com.

Location

Pocahontas State Park MTB-O parking, Pocahontas State Park, Richmond, VA (MTB-O)

Registration

No advance registration required. Just show up and have fun!

Start Times

You may start your course at any time during the start window listed below for your event.

Schedule

Saturday, July 16 12:00 pm - 2:00 pm MTB-O: MTB-O

Volunteers

MTB-O: Meet [Tim Gilbert](#) [2]

Director:

Location Details

MTB-O

Pocahontas State Park MTB-O parking Pocahontas State Park Richmond, VA

[Google Map](#)

[3]

Course Details

MTB-O Course Name	Length (km)	Climb (m)	No. Controls
Beginner Score	0		9
Advanced Score	0		33

Entry Fees

Individual Entries

\$5 per map

Team or Group Entries



Participants are welcome to compete together as a single team entry.

Important Notes

- We can only accept payment in cash or check.
- Compasses are available at no charge, but if lost incur a \$15 replacement fee.
- Please provide collateral (driver's license or car keys) when borrowing a compass or e-punch.
- For additional safety, whistles are available for sale at \$1/each.
- Free beginner instruction is always available - just ask at the registration table.

Source URL: <https://www.qocweb.org/node/1977>

Links:

[1] <https://www.qocweb.org/node/1977>

[2] <https://www.qocweb.org/contact/Gilbert/Tim>

[3] http://maps.google.com/maps?f=q&source=s_q&hl=en&geocode=&q=loc:37.3669,-77.58&sll=37.3669,-77.58&sspn=0.076258,0.086346&ie=UTF8&z=14