

## Westmoreland

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April 10 Sunday



Head to the balmy shores of the Potomac River to enjoy a special orienteering event! This event will offer classic Beginner (White, 2.7km and Yellow, 3.5km) and Intermediate (Orange, 4.5km) courses in addition to an exercise for advanced orienteers combining line orienteering and score orienteering (details below). Standard pin-punching (not e-punching) will be used at this event, and pre-registration isn't needed. Just show up in time to start between Noon - 2pm, and be out of the woods by 4pm. Everyone should also note that:

- Westmoreland has some climbs with steep pitches on just about all courses, along with some wet spots, and some residual blow-downs (not all of which are perfectly marked on the map, even though it is updated). But keep an open mind, the navigation is quite interesting (!), and course setter Scott Pleban just back from the World Ski-Orienteering Championships in Norway as part of the US Men's Team has done his best to take you to some of the more open forest.
- This park has overnight cabins and camping spots, and reservations may be made online or by calling the Virginia State Parks Reservation Center 1-800-933-7275 9am-5pm ET Mon-Fri (closed weekends). See details via the <u>park website</u> [2].





So what is the advanced exercise?

Here's what you do for the Line-O: you copy the line carefully onto your map (off the clock), then you navigate the line. As you follow the line, you will come upon control flags if you are navigating accurately. You simply "prick" your map where you believe the control flag is hung; you don't need to punch your punchcard.

If you want to do the Score-O, which is optional, it begins at the end of the first line-O, and it ends at the beginning of the second line-O. The punchcard is used in the normal way for the Score-O. You can get as many or as few (or none) of the score-O controls as you would like, in any order, and each is worth 1 point. Total distance for both Line-O's and perhaps an optimal route to all Score-O controls is around 8.6km.



Start earlier if you think you

may not be quite as fast as others. This will allow you to go for more score-O points. The only time restriction is to be back by 4pm. Each minute past this cut-off will reduce your score by 1 point. Ranking will be based on total score. Each accurate pin prick on the line-O, and each score-O control point is worth 1 point. In case of a tie, faster time then comes into play and determines ranking. All decisions final, must be present to play!



## **Nearby Attractions:**

- George Washington's Birthplace, a National Park; see this <u>Wikipedia</u> [3] entry, or the <u>NPS website</u> [4]. This weekend it will be open from 9-5.
- Stratford Hall Plantation: The birthplace of Robert E. Lee as well as the home of two signers of the Declaration of Independence; more information <u>here</u> [5] and <u>here</u> [6].

Location	Westmoreland SP, Main parking area, Montross, VA (Classic Courses)
Registration	No advance registration required. Just show
Start Times	up and have fun! You may usually start your course any time during the start window for the event. For most events, this will be between 11:00am - 1:30pm.
Schedule	Sunday, April 1012:00 Classic pm - Courses: Start 2:00 Window pm
Volunteers	Event <u>Gary Smith</u> [7] Director: Course _ [8] Setter:
Location Details	ClassicFrom Fredericksburg,CoursesVA, take Route 3 southWestmorelfor about 40 miles.and SPFrom MD, use US 301Mainto Route 3, then headparkingsouth 20 miles.areaMontross,VAGoogleMap [9]
Course Details	Classic CoursesCours e h (m) Contr Name (km) ols White Yellow Orang e Score
Entry Fees	