

# Meadowood SRMA

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**December 19  
Sunday**

Ready for some fine orienteering? Meadowood's ready for you, and a full set of 7 courses will be offered. Set by (course setter) Dave Hauver, they are:



- White: 2.0km in length, ~50m climb, 8 controls. All controls are on trails and can be navigated using the trails, but please see the notes below.
- Yellow: 2.3km, ~65m climb, 8 controls. All controls can be reached without having to cross the stream. The route between controls five and six is marked with red streamers.
- Orange: 3.6km, ~160m climb, 10 controls. This should be a relatively classic Orange (intermediate) course; just note the comments below.
- Brown: 3.5km, ~150m climb, 7 controls. This should be a relatively classic Brown (advanced) course, but note the comments below.
- Green: 5.0km, ~185m climb, 11 controls. This will be the longest advanced course staying completely on the Meadowood "West" map.
- Red: 7.7km, ~225m climb, 10 controls. Be aware of park boundaries in the section to the east of the road crossing, especially as the park passes through a very narrow corridor. If you see a Posted sign or yellow boundary tape, obey it. Stay out of fenced horse pastures. If you find yourself needing to cross a fence, you're most likely somewhere you shouldn't be.
- Blue: 10.2km, ~320m climb, 14 controls. Both Red and Blue courses cross to the east side of the Meadowood property, so please see the notes for the Red course as well as the general notes below.

For this event, please note the following:



- o Anyone with their own epunch (SI-card) can reduce their wait time at registration via a completely optional courtesy pre-registration; just email [Valerie Meyer](#) [2] by 2pm Saturday your name, the course you'll do, and your SI-card number.
- o **GROUP LEADERS:** Please pre-register your group following the guidelines on our '[For Group Leaders](#) [3]' webpage and via the form mentioned in the Registration section (on that webpage). Email the information directly to this event's [Meet Directors](#) [4].
- o **Popular Offering!:** QOC members interested in borrowing (at no cost) a Garmin 205 GPS-watch to record their routes should see Jon Torrance at the registration table. We'll even enter your route into RouteGadget for you!
- o ALL COURSES: Participants MUST stay out of fenced horse pastures; those areas are closed to the general public. Participants MUST stop if they encounter a horse on trails until the rider indicates that it is safe to pass. Please WALK if you see a horse in the distance so it doesn't spook.
- o ALL COURSES: Participants MUST stay off all old/reclaimed trails. The park has just finished reclaiming many sections throughout Meadowood. These areas have been roughed up, seeded, and covered with straw or branches. Participants should remain on the new trail surfaces when following the trails. The old Meadowood Trail in the western half of the park has been marked as out of bounds on the map, but you may encounter other reclaimed trails in the eastern portion of the park that have not been marked on the map.
- o Dogs are welcome. All dogs must be on a leash that is no longer than 6 feet.
- o Please respect park boundaries and posted signs should you run across them.

**Location**

Meadowood SRMA, West parking area, Lorton, VA (Classic Courses)

**Schedule**

**Sunday, December 19** 11:00 am Classic Courses:  
- Start  
1:00 pm Window

**Volunteers**

Event [Vic Culp](#) [5]  
Director:  
Course [Dave Hauver](#) [6]  
Setter:

**Location Details**

**Classic Courses** From I-95 southbound, take exit 163 at Meadowood SRMA West parking area Lorton, VA [Google Map](#) [7] at the bottom of the ramps onto Lorton Rd. Travel approximately .2 miles to Lorton Market Street, and take a right. Continue approximately .6 miles to Gunston Cove Rd. and continue straight at the stop sign. Continue .4 miles to Rt. 1, and straight through the traffic light onto Gunston Rd. Go about .7 miles on Gunston Rd. to Old Colchester Rd., take a



right and continue another .7 miles to our trailhead at 10207 Old Colchester Rd.

From I-95 northbound, take US 1 exit. At the first street, about .25 miles, right onto Hassett Street. At the end of the street (about .2 miles) turn left onto Old Colchester Road. The trailhead would be on the right in about .3 miles.

Do not park in the small parking lot near Old Colchester Road. At the gate into the park, we would have someone to tell you where to park. Car pool if you can since we may have only 50 parking spaces!!

Note: I-95 can be slow. If you coming from Maryland on the Wilson Bridge, you may use Telegraph Road South. At US 1, continue straight and the road become Old Colchester Road. The first stop sign is Gunston Road. If you are coming from the west, one can take the Fairfax County Parkway to either 123 or Hooes Road. South to Silverbrook. Left turn and go to Lorton Road. Left and follow the top directions above.

**Course Details**

| <b>Classic Courses</b> | <b>Cours</b> | <b>Length</b> | <b>Climb</b> | <b>No.</b> |
|------------------------|--------------|---------------|--------------|------------|
| <b>Name</b>            | <b>(km)</b>  | <b>(m)</b>    | <b>Contr</b> | <b>ols</b> |
| White                  | 2            | 50            | 8            | 8          |
| Yellow                 | 2.3          | 65            | 8            | 8          |
| Orange                 | 3.6          | 160           | 10           | 10         |
| Brown                  | 3.5          | 150           | 7            | 7          |



|       |      |     |    |
|-------|------|-----|----|
| Green | 5    | 185 | 11 |
| Red   | 7.7  | 225 | 10 |
| Blue  | 10.2 | 320 | 14 |

**Source URL:** <https://www.qocweb.org/events/2010/12/19/Meadowood-SRMA>

**Links:**

[1] <https://www.qocweb.org/events/2010/12/19/Meadowood-SRMA>

[2] <http://qocweb.org/contact/Meyer/Valerie>

[3] <http://qoc.us.orienteering.org/content/group-leaders>

[4] <http://qoc.us.orienteering.org/contact/Culp/Vic>

[5] <https://www.qocweb.org/contact/Culp/Vic>

[6] <https://www.qocweb.org/contact/Hauver/Dave>

[7]

[http://maps.google.com/maps?f=q&source=s\\_q&hl=en&geocode=&q=loc:38.6799,-77.2178&sll=38.6799,-77.2178&sspn=0.076258,0.086346&ie=UTF8&z=14](http://maps.google.com/maps?f=q&source=s_q&hl=en&geocode=&q=loc:38.6799,-77.2178&sll=38.6799,-77.2178&sspn=0.076258,0.086346&ie=UTF8&z=14)